NEWSLETTER - TERM 3 - 17th AUGUST 2016

Notice is given that a General Meeting of the School will be held on Monday 12th September 2016. The purpose is to amend the Hallett Cove East Primary School Governing Council Constitution, Standing Orders and Code of Practice. If you wish to attend the meeting it will commence at 6.30pm in House 1.

Dear Parents/Caregivers,

STRETCH THINKING – WHERE ARE WE UP TO?
I am wondering if your children have come home and started to talk to you about things they have been discussing in class around the ideas of: stretching their thinking, using slow thinking or slowing their thinking, mistakes are okay because they help us to find other ways to tackle problems, I CAN do it, or, I may not know how to do something...YET but I will, developing a Growth Mindset to approaching their learning and social interactions with others finding positive and resilient ways to problem solve. Perhaps they have even talked to you about some interesting problems they may have been working to solve in lessons like Maths. When you have dropped your children or picked them up from classrooms, perhaps you have noticed some posters or charts in classrooms that deliver positive messages eg not giving up, having a go, working with others etc. Last week I attended a training program regarding ways to improve stretch thinking and developing the positive attributes to work. One of the participants said, “Students need to know that learning is hard, we acknowledge that and teach them the tools to help them manage it.” She was absolutely correct. Our role as educators is to facilitate and challenge students to think more deeply about their learning through posing multi-layered problems that anyone can start but where every child has the option to develop to the highest level. This year we have begun a whole school journey developing skills in these areas. (Please ask your children about what they know about some of the things above and join us in our journey too.) Later this year you will be invited to participate in a Stretch Thinking Challenge day with your children at school. Please look out for more information about this event in the near future.

NATIONAL SUPPORT STAFF WEEK
This week is National Support Staff week. At HCEPS we have a wonderful staff team and our SSOs are a very important part of that team. Teachers provided flowers. SSOs participated in a special Morning Tea with teachers today. This was organised by teaching staff. I would like to take this opportunity to sincerely thank all the SSOs for their work in our school. Without them our programs would not be able to operate at the level they do.

DIARY DATES

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<td>16/09/16</td>
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Thank you to:

**Jenny McFadyen** – Finance, Facilities, Administration  
**Henny Smith** – Finance, Administration  
**Irene Bywaters** – Resource Centre, Student Support  
**Nola Chalakas-Stopp** – Administration  
**Jo Berry** – Student Support, Reporting, Administration  
**Cherie Bishop-Kinlyside** – Student Support  
**Narelle Muller** – Student Support  
**Scott Panton** – IT Support  
**Adam Hackett** – IT Support  
**Lisbeth Oppert** – Student Support

### NAPLAN ONLINE COMMENCES THIS WEEK

As reported in the previous two newsletters, this week on Wednesday and next week on Monday and Thursday, students in Years 3, 5 and 7 will be participating in the platform trial for NAPLAN Online. All schools across SA are participating in this process. The aim of the trial is to test the IT capability of both the school and the state to be able to conduct these tests issue-free from 2017. While students are undertaking a form of NAPLAN testing, it is the IT capability that is the focus, not whether students can actually do the test itself. It is therefore important to have all students participate in the tests to push the IT capability of the school to the highest level. As the data for the testing itself is not being collected through the trial, no student reports will be received by parents or the school. If you have any queries regarding this process, please do not hesitate to contact me.

### COMING EVENTS

**PUPIL FREE DAYS (PFD) AND SCHOOL CLOSURE DAY**

**TERM 3**  
Friday September 2nd:  
SCHOOL CLOSURE DAY – SHOW DAY

**TERM 3**  
PFD Friday September 16th:  
Partnership Numeracy T&D facilitated by Professor Martin Westwell

**TERM 4**  
PFD TBA: Australian Curriculum moderation

The OSHC will be open on these days. If you need childcare please contact Lissy or Sally to book in.

### ARTS EVENTS

**WAKAKIRRI**: Friday August 26th

**FESTIVAL OF MUSIC (Choir)**: Saturday September 17th

**Anne Rathjen**  
PRINCIPAL

### READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website [http://www.readingrockets.org/](http://www.readingrockets.org/). This is a very useful site offering ideas to get children reading from a very young age. You can also check out the Parent section of our website.

**Read it Again and Again**

Go ahead and read your child’s favourite book for the 100th time! As you read, pause and ask your child about what is going on in the book.

### EARLY YEARS TEAM

Thank you to all families for supporting our Jeans for Genes fundraiser on Friday of Week 2. We raised $347.30 and these funds will go to the Children’s Medical Research Institute which researches into cures for childhood illnesses and genetic disorders.
PHOTOS COMING SOON
School Photos will be taken at our school on Thursday 18th August.

There will be a “Mop Up’ day, on Monday 22nd August at 9:00 am for the students who are absent on the actual Photo Day.

Parents can send the money to the school in the envelope supplied however On-Line Ordering, where parents are able to select their preferred package online makes it much easier for our parent community.

In 2016 the range of options available to you online has increased. As well as the option to download a Low Resolution image for a smart-phone, parents will have the option to purchase a High Resolution Digital Download of their child’s image and Family/Sibling packages will also be able to be ordered online!
An added incentive for our families is that MSP now offers a 10% discount for all family orders above $90.00 a family.
Parents who order family photos online are asked to confirm with the school that they wish to have their family members photographed.

FUNDRAISING NEWS AUGUST 2016

Election Day BBQ
Thank you to all the volunteers who helped out on the bbq and to all the wonderful donations of home baked goodies. It was a great success and we raised about $1500 with School Soccer of which Fundraising will get half!

Ladies Day
Plans are underway for our second Ladies Day, we have got some wonderful stalls booked in for this year. It is on Saturday 17th September from 2pm to 6pm. There will be a fantastic bonus gift that you will receive on the day when you purchase your ticket in advance. We are currently looking for any donations towards our raffle and silent auction so if you can help that would be greatly appreciated. We are also after some strong and willing volunteers to help with setting up the tables and then clearing them away.

School Disco
This will be a whole school event again and will run from 6pm until 7.30pm. It is going to be a parent free zone unless you are a designated volunteer. Following feedback from the last disco it was incredibly difficult for teachers and volunteers to supervise the children. We hope you understand, as it is for the safety of the children.

Hallett Cove Bakery
Hallett Cove Bakery has been extremely generous in their support towards fundraising in the school in the past and so we have decided to support them in a bakery drive. The school will receive 20% from all orders placed and we will be supporting a wonderful local company. Forms will be coming home soon and you can order some yummy treats for your family. Also the bakery has kindly offered to run monthly specials exclusively for the families of Hallett Cove East. We will advertise the specials in each newsletter and all you have to do is mention the school to the bakery and they will give you the discount on your order. Fantastic!!

Upcoming Events
School Disco in Term 3
Fathers’ Day Stall Term 3
Ladies Day – Term 3
Hallett Cove Bakery Drive – Term 3

More exciting events to be announced soon....
**Dates For Your Diary**

31st August & 1st September – Father’s Day Stall (the stall will be on the Wednesday & Thursday due to a school closure day on the Friday)

9th September – School Disco

17th September – Ladies Day

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**Hallett Cove Bakery**

**MONTHLY OFFER**

Medium Coffee & Cake save $2 now $6

*Just mention HCEPS*

If you would like to volunteer to help on any of the upcoming events this year, please contact Victoria Gorton on 0433 152 021 or vicgorton@gmail.com for more information.

**THE FUNDRAISING COMMITTEE**

**VOLLEYBALL**

Congratulations to Angus, Tyler, Jake & Corey. They were invited by the R-12 to represent Hallett Cove R-12 school in the SA Volleyball State Schools Cup over the weekend of 5th - 7th August. They played with some year 8 students in the U14/U15 Division 1 Boys. They learnt a lot over the weekend and really enjoyed the opportunity to play some terrific games of volleyball. They should be very proud of the way they played and the way they also represented our school. Well done boys.

Hallett Cove R-12 runs a Spike-zone competition over term 3 & 4 on a Friday afternoon for yr 4/5 & yr 6/7 teams. We have 1 team already registered but if you are interested please get a team together of 4-6 players and register on the volleyballsa website. They offer training days and excellent coaching. If you have any questions please call Jake Colmer at VolleyballSA on (08) 8363 1265 or Jenny Brown 0418 791 667.

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**COMMUNITY NEWS**

Please see noticeboard for further information.

- SCALLYWAGS DISCO is happening again soon! For primary school children (R-7 only) held on Friday 26th August, 2016 at the HALLETT COVE LUTHERAN CHURCH, 20 Ragamuffin Drive, Hallett Cove. 7pm to 9:30pm. Entry $5- of which $1 from each entry is donated to a children’s charity. Drinks, chips and lollies are available for purchase. Any further enquiries phone 8322 2544 or visit www.hallettcovelutheranchurch.org.au
JOEY’S JOURNAL

KIDS MATTER

Kids Matter is the Australian Primary Schools Mental Health Initiative. Here at Hallett Cove East Primary School we are still in the early days of being a Kids Matter school. I hope that you have seen the Kids Matter posters up around our school (if not have a look for them) and heard it mentioned in communications.

Our current focus is on social and emotional learning for students. Kids Matter highlights five core competencies that we want to help each child to develop (see diagram). The staff are undergoing training to help us achieve this with a whole-school approach.

However, social and emotional learning isn’t something that just happens at school. It requires lots of guidance and practice. This can happen in everyday life, in our social interactions at home and in the community. As parents and carers you have a wonderful opportunity to support your children’s development of these skills. You can encourage them to use these skills in everyday interactions at home.

The Kids Matter website www.kidsmatter.edu.au has some fantastic information sheets to help you to understand and support your child in their social and emotional learning. The information sheet ‘Social and emotional learning: Suggestions for families’ has been included at the end of this newsletter. Other information sheets will be included with future newsletters. I encourage you to have a look at the website, particularly if there is a specific area which your child needs support in developing.

Joey,
PASTORAL CARE WORKER
at HCEPS on Mondays and Tuesdays
Joey.Traeger704@schools.sa.edu.au

This year Marion Library Service is hosting Splash Theatre’s The Book Show 2016 for two performances at the following venues

“AUSTRALIA - Story Country The Book Show 2016. The theme of Children’s Book Week in 2016 is Australia - Story Country. Splash Theatre Company will select stories and books relating to this theme and weave them into an entertaining and stimulating performance suitable for primary school students.”

Thursday 1 September 2.00 pm – 3.00 pm
Domain Theatre Marion Cultural Centre, 287 Diagonal Road, Oaklands Park
Spaces available: 235 or Friday 2 September 10.00 am – 11.00 am
Cove Civic Centre 1 Ragamuffin Drive, Hallett Cove Spaces available: 150

This event is offered FREE by the Marion Library Service. Bookings are essential. To book, phone Suman on 8375 6755 or email: libraryevents@marion.sa.gov.au or respond to this email. Bookings close on Friday 19 August 2016. More details about the show can be found here: http://www.splashtheatreco.net/The_Book_Show.html
KYD-X

Kids & Youth Disability Expo

www.kyd-x.com.au

Featuring a wide range of South Australian service providers with a strong focus on kids and youth disability. The expo will offer parents, carers and individuals an opportunity to chat face to face with service providers to become more informed on the choices available to them.

**Venue** Priceline Stadium (Netball SA)

**Address** 155 Railway Terrace, Mile End South

**Date** October 15, 2016

**Hours** 10:00am-5:00pm

**Parking** Ample free parking

**Entry** Gold coin donation with proceeds going to Team Kids

Food and refreshments available

Presentations and performances throughout the day - ATM on site - Chill out rooms

Road Less Travelled competition

KYD-X Service Provider Handbooks available

**Proudly sponsored by**

AAMI

Different... but just as beautiful
Parents and carers have a critical role to play in guiding and supporting children’s social and emotional learning. Social and emotional skills develop with practice.

Everyday situations present lots of opportunities for children to learn and practise skills for coping with emotions, managing relationships and solving problems. You can help children build the skills they need by providing effective coaching.
How parents and carers can help

**Encourage discussion of feelings**

Encourage children to talk about how they are feeling. Listen with empathy so they feel understood. Help them see that feelings are normal and that all feelings are okay, it is important to understand them, and that understanding and talking about feelings helps you to manage them.

**Support children’s confidence**

Help children identify and develop their strengths by encouraging them to have a go at things and find activities they enjoy. Praise their efforts, celebrate their successes and encourage them to keep trying and learning.

**Provide opportunities to play with others**

Playing with other children provides practice in important social skills such as sharing, taking turns and cooperation. Help children develop their skills by praising their appropriate play behaviour, for example: “I noticed how nicely you shared your toys. That made it fun for both of you.”

**Lead by example**

Parents and carers are important role models. Children learn how to behave by observing and imitating the behaviour of those around them, particularly adults. When you model positive ways of coping with strong feelings like anger, it helps children feel safe and shows them ways that they can manage strong feelings too.

**Give children choices**

To develop responsibility, children need practice in making choices that are appropriate for their age and experience level. You can help children build decision-making skills by encouraging them to explore options and helping them think through the reasons for their choices. Involving children in family decision-making (that you are in charge of) helps them develop skills for responsible decision-making and encourages cooperative family relationships.

**Encourage creative problem-solving**

Asking questions that help children think of alternative solutions supports their thinking and problem-solving skills. When problems arise you can explore them together by asking questions, such as: “What could you do about that?” or “What do you think might happen if you try that?”

**Teach children to use assertive communication skills**

Show children how to confidently and respectfully communicate their thoughts, feelings and needs to others in an assertive way, for example: “I really don’t want to play that game. It’s too dangerous. Let’s play a different game instead.”

Some possibilities for parents and carers

Parent or carer says, “I’m getting too angry. I need some time out to think about this.”

Parent or carer says, “I’m feeling really tense. I need to take some deep breaths to calm down.”

Admitting to having difficult feelings is not a sign of weakness or failure. It sets a good example for children by showing them that everyone has difficult feelings at times and that they are manageable.

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au

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**Australian Government**

Department of Health and Ageing

[Source: www.kidsmatter.edu.au]
School of Languages
School Holiday Program
Reception – Year 7

Tickets on Sale Now!
Tuesday 11th of October and/or Wednesday 12th October 9.30am - 3.30pm
• Language and cultural workshops
• Hands-on, fun program
• $25 per child per day (booking fee applies)

Information and bookings online
www.ticketebo.com/languagesalive Ph 8301 4800