



HALLETT COVE EAST PRIMARY SCHOOL
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NEWSLETTER - TERM 3 - 11th September 2013

DIARY DATES	
12/9/13	FESTIVAL CHOIR PRACTICE
13/9/13	7E & 7W ANIMAL BARN EXCURSION
15/9/13	FESTIVAL CHOIR 2:30 PM
20/9/13	LHK PYJAMA DAY GOLD COIN DONATION

Dear Parents/Caregivers,

CHOIR PERFORMANCE

Our school Choir will perform this coming Sunday afternoon at Festival Theatre. The Festival of Music Choir presentations run over a week with different school choirs performing each evening and matinees on the weekend. Our school is one of 13 choirs (about 500 students) performing on Sunday. I would like to thank all Choir students for their commitment and dedication to the choir program throughout the year. We wish the Choir best of luck for Sunday and sincerely thank Evelyn Donoghue the Choir Trainer and Andrea Hayden for the support she has given Evelyn in her work preparing the Choir for the performance.

THANK YOU TO VOLUNTEERS

I would like to take this opportunity to sincerely thank all volunteers who support many school programs in a variety of ways. We are most fortunate to have a very committed and willing group of parents who help to ensure we are able to offer all the different programs and experiences, both in-school and extra-curricular, that we do.

In this newsletter, I would particularly like to acknowledge the volunteers who work in our Canteen. As you are already aware canteen sales have declined over recent years partly due to economic reasons but mainly because our school no longer has the enrolments it once did. Janine Curtis has provided the highest quality food

service and dedication to the position of Canteen Manager for many years. It is also fantastic that despite the general decline in sales our volunteers have continued to support Janine and the Canteen in delivering the quality service that it is. As we have done in recent newsletters I would like to remind all parents that the school canteen offers a wide range of food options and seek your support in using the Canteen so that we are able to continue to operate it on a daily basis. Family support of the Canteen is the only way we will be able continue to offer this level of service.

I would also like to acknowledge the volunteers who have supported our school sports and SAPSASA events during the year, and especially those in coaching and management roles. There is often considerable behind the scenes organisation and administration that occurs to ensure students are able to participate in sporting programs and HCEPS certainly has great participation in these programs. Without parent support in the after schools teams, this would not be possible. Students are also to be commended for being positive ambassadors for the school in terms of their behaviour, sportsmanship, team spirit and the willingness to do their best. Our school reputation in these aspects in the wider community is very good and has been particularly acknowledged through our involvement in SAPSASA events.

END OF TERM DISMISSAL TIME

Due to the change in school finish time to 3:05 pm this term, please note the finish time for the last day of term, Friday, 27th September will be 2:05 pm.

Anne Rathjen
PRINCIPAL

ORIENTEERING

During the last 2 weeks the whole school had the opportunity once again, to participate in school orienteering. Orienteering is a sport which combines outdoor adventure with map reading and navigational skills where competitors find their way through the bush, parks or streets in order to visit/locate a number of checkpoints.

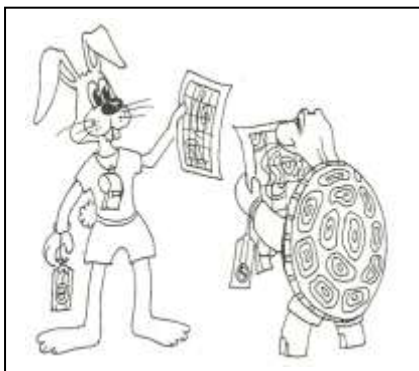
Since 2000, orienteering has been a regular part of our PE/Fitness programme and has the potential for cross- curriculum learning in Science, Geography and Maths eg. the Year 7's in 9N had to mark their route on the map then calculate the distance travelled using the scale.

As the organiser it is rewarding to see our students engaging in an educational activity with such enthusiasm and enjoyment. Even the very young ones have been able to participate, ably supported by their older buddies. This year, just for fun, the last 2 courses were varied to give the students a different challenge.

Many thanks must go to my partner Paul Hoopmann who makes the map and plans the courses.

If you want to experience orienteering as a family visit the S.A. orienteering website at www.sa.orienteering.asn.au

Chris Franklin

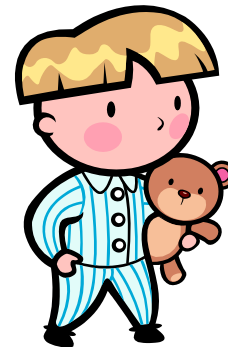


CASUAL DAY

Light House Keeper Fundraising Day Term Three

On Friday 20th September the Light House Keepers have organised a Pyjama Day to raise the outstanding funds to pay for our sponsor child Salma. We are asking students to bring a gold coin donation. LHK are suggesting that students wear their school clothes under their pyjamas if it is appropriate. They would also like to remind everyone that we need normal footwear outside the classroom, school hats will be worn at recess and lunch and there is no make-up or jewellery.

Andrea Hayden



AFL FOOTY 2013

Well done to our boys who joined forces with the Hallett Cove R-12, Woodend and Sheidow Park schools to play footy in the Tiger league this season.

Aaron Marnes played well in the 4/5 team and improved as the season went on, making the finals in the Lightning Carnival!

Danny Juckers, Michael Grove, Lachlan Evans and Lachlan Nesbitt competed well in the 6/7 team – much improved by the end of the season with some close hard-fought games! Danny went on to poll 13 Best and Fairest votes and runner-up in the "Tiger Medal".

A BIT FROM BEK

Hi Parents, Caregivers,
Family and Friends!

I read this a while ago and stumbled across it again recently. It's a bit of an interesting take on the world so I thought I'd share it...

~ If we could shrink the Earth's population to a village of precisely 100 people, with all existing human ratios remaining the same, it would look like this:

- * There would be 57 Asians, 21 Europeans, 14 from the Western Hemisphere (North & South) and 8 Africans.

- * 51 would be female, 49 would be male, 70 would be non-white and 30 would be white. 70 would be non-Christian and 30 Christian.

- * 50% of the entire village's wealth would be in the hands of only 6 people and all 6 would be citizens of the United States.

- * 80 would live in substandard housing.

- * 70 would be unable to read.

- * 50 would suffer from malnutrition.

- * 1 would be near death, 1 would be near birth.

- * Only 1 would have a college/university education.

- * No-one would own a computer.

WOW! It astounds me every time I read it. When we consider the world from such an incredibly compressed perspective, it really highlights the need for both tolerance and understanding. As I continued to think about this I was humbled. I can say that I am lucky enough to be represented by the 30% who are able to read, by the 50% who have enough food, by the 1 person that has a university education and the 20% who live in suitable housing. Just, WOW. I hope that as you ponder this, you delight in our global community's diversity and appreciate who and what you have in your world!

Take care! ☺

Bek O'Neill - CPSW



FIT CLUB

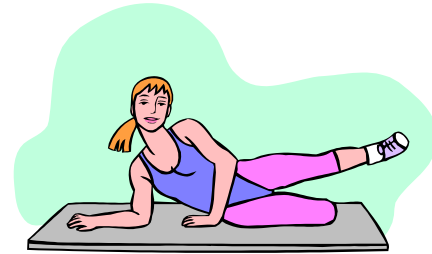
Every Sunday 8.15 - 9.15am

One month FREE trial to all parents and teachers of HCEPS (this includes a 40 minute workout and a healthy breakfast).

Fit Club

Where Fun, Fitness and Nutrition come together.

Andrew Foot - 0414 802 388



LOST PROPERTY

We have a lot of lost clothing articles in our Lost Property basket, in the school's front office, at the moment. This is due to the fact that the majority of these articles are NOT LABELLED.

Please ensure that you ***LABEL ALL*** school uniform items, as this will assist in alleviating this issue, and will ensure your child receives their lost article quickly.

A big thank you to our volunteer, ***Kylie Barnes-Sparks***, who sorts through the lost property regularly. Thanks Kylie, you're a star !!



CANTEEN NEWS

Please Note there have been some **deleted** lines:

- * A// Focus Flavoured Water
- * A// Balfours Pastries
- * A// Classic flavoured milks
- * Cappuccinos, Lattés & Hot Chocolates

Whats New:

- Mrs Macs Pastries, check NEW term 3 menu, out NOW
- Organic Popcorn \$1.40 pkt
- Moo Chocolate Milks \$1.00 each
- Right Choice Biscuits .60 cents each

Please Note Red Rock Deli chips are NOW \$1.20 pkt.

Safari Pops are **BACK, new price .15 cents each.**

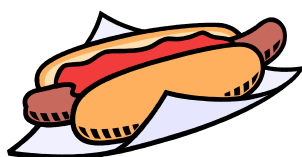
I would like to say a HUGE thankyou to Jane Juckers, Annmarie Smith, Megan Hunter, Jo Marnes and my husband, Craig for volunteering their time to help on the Student Free Day Bunnings BBQ.

The Canteen are having another Bunnings fundraising BBQ on **Friday October 11th** at the Marion store why not pop down and grab a delicious sausage.

Meal Deals weeks 9/10:

\$5.00 each meal deal

- 1: Nuggets, Muffin and Juice
- 2: Hot Dog, Large Muffin and Juice
- 3: Ham and Cheese Toasty, Large Muffin and Juice



Janine Curtis
Canteen Manager

COMMUNITY NEWS

Please see noticeboard for further information.

- **ADELAIDE AQUATIC CENTRE FAMILY FUN DAY**
Come along and experience our 'Take a Breather Family Day'. Fun activities, free inflatable water slide, fun run, face painting, water activities and prizes from Speedo.
Mon 30th Sept 2013 11am – 4pm Adelaide Aquatic Centre Jeffcott Rd, North Adelaide. Entry \$7.50 adult, \$6 concession, \$21 Family of 4. Part proceeds will be donated to **Asthma SA.**
- **MORPHETT VALE BASKETBALL STADIUM - 2 Sports Park Drive, off States Road, Wilfred Taylor Reserve, Morphett Vale** www.morphettvale.basketball.com.au
Seeking Basketball Players for term 4 Miniball Yr 2/3, 4/5 (Tuesdays), Yr 6/7 (Mondays). \$5/player/game.
Emma Flanagan - Basketball SA - Participation Project Officer ☎ 0420 786 338
eflanagan@basketballsa.com.au
- **STURT MARION ..WOMEN'S SOCCER CLUB – 2014 Junior Trials at Sturt Marion Grounds – 262 Sturt Road Marion. Wed 25th Sept 6.15-8pm, Fri 27th Sept 6.15-8pm, Wed 16th Oct 6.15-8pm, Fri 18th Oct 6.15-8pm.** www.sturtmarionwsc.com.au ☎ Tom: 0416 157 558 or Liz: 0405 766 729
- **MIDNIGHT BASKETBALL – Westminster School commences Friday, 18th Oct 2013 7:30 pm to Midnight.** Free registration, dinner & uniforms & we bus you home. 12 to 18 years. Register online www.midnightbasketball.org.au/marion or ☎ Leighton 0435 887 691. Proudly supported by Sammy D Foundation, City of Marion, Westminster School.
- **THE PARTY PALOOZA – Specialising in Kids Parties – We come to you! – Discos, Lil' Guys, Teenagers, Winter Wonderland, Cupcakes, Teddy Bear Picnic.** ☎ 0416 274 699 Give your child a party to remember!
- **DOES YOUR CHILD HAVE A SLEEP PROBLEM?**
The Child and Adolescent Sleep Clinic in the School of Psychology at Flinders University is providing treatment for children and adolescents (aged 7 to 18 years) who are experiencing at least one of the following:
 - Having trouble falling asleep
 - Waking up and unable to get back to sleep
 - Trouble waking up or getting out of bed in the morning
 - Often sleeping in their parents' bed or bedroomLimited places available, for further information please ☎ 8201 7587.

PE NEWS

SAPSASA Volleyball Carnival Finals

We had 4 teams compete in the finals held at Mars Sporting Complex in Marden on Monday 2nd September 2013. There were many schools represented and the students had some tough competition. We won some games and lost some games, no team made it through to the semi-finals but the behaviour, sportsmanship and attitude were excellent! Congratulations to all the players!

New Spikezone at Hallett Cove

Spikezone is a national participation program aimed at providing children aged 8-13 years the opportunity to play the sport of volleyball. The Spikezone Mini Volleyball competitions are designed to teach kids how to play the sport, develop their skills and to have fun in a social and supportive environment. Volleyball SA is looking to expand the Spikezone program throughout South Australia.

In Term 4 we will be starting a new competition at **Hallett Cove R-12**. This competition will run on **Tuesday evenings in Term 4 between 3:30-4:45 pm**. It will be a 7-week competition commencing Tuesday the 22nd of October with finals to be played 3rd of December.

This Competition will cater for years 4-7. Teams will be arranged in grades Yr. 4/5's and Yr. 6/7's with a maximum of 4 players per team on court at any time. If students want to arrive a little bit early, they can come and practise and improve their skills with some help from coaches from 3:30 p.m. to 3:45 p.m. Following this, games will be played at 3:45 and 4:15pm.

Volleyball SA, in conjunction with **Hallett Cove R-12**, will provide friendly referees to help the kids have a great time, and develop their skills.

Cost per team is \$25 per week. This includes venue hire, arena manager, coaches, referees, medals and weekly Prizes. Furthermore, all teams are invited for the coaching session prior to their games. There is no limit to the number of teams a school or individual may enter BUT THE COMPETITION CAN ONLY CATER FOR 24 TEAMS IN TOTAL. FIRST IN BEST DRESSED!!

What You Have To Do

- 1) Get a team of 4-6 together and one of your parents to be the contact person.**
- 2) Parent to contact Steven Freeling to nominate your team with details; Parent contact, appropriate team name, names of players, school. If you can't get a full team organised then please see your school's sports teacher to help you with this.**

Nominations Close Friday 27th Of September (Last Day Of Term 3)

Please email Steven Freeling to nominate your team(s).

For more information about our Spikezone competitions go to our website: www.volleyballsas.com.au/spikezone.

Or contact Steven Freeling – Email: steven@volleyballsas.com.au or 8363 1265.

Gymnastics

Gymnastics continues through to Week 10. Gymnastics is one of the components of Physical Education. This requires specialist equipment and instructors.

The classes from R – 6 will be participating in a Gymnastics program organised by "Activated Group". This program is part of the school curriculum so all students are expected to participate. The program will teach specific gymnastic skills whilst developing overall fitness, core strength, flexibility and enhancing spatial awareness.

On Tuesdays classes attending will be 5E, 9S, 9E, 4E, 7W and 5W, on Wednesdays 6E, 6W, 4W, 8E, 7W and 8W. Students need to be wearing appropriate clothing for these sessions, preferably not dresses on these days. Your support would be appreciated. Thank you to all those students and parents who have returned their permission note, and money if required.

SAPSASA District Athletics

Congratulations to all the students who competed in the SAPSASA District Athletics on Wednesday 4th September 2013 at Santos Stadium. 31 students from Hallett Cove East represented the school in all the events. Unfortunately there were other students who were unwell and unable to attend. We participated in the Track events which were the 100m and 200m sprints and the 800m race. The Field events were Shot Put, Discus, Long Jump and High Jump. The age groups ranged from 10 to 13 yrs old, boys and girls compete separately. We competed against 12 other Primary Schools in our District. Our placings were;

Bella 1st 10 year High Jump, 2nd 100m and 200m Sprint races, Jaden 1st 11 year 200m, Liam 3rd 12 year 100m, Maddie 1st 10 year Discus, Olivia 1st 13 year High Jump, Jordan 3rd 13 years Discus, Jake 3rd 10 year Long Jump, Gabriel 2nd 11 year Shot Put, Tara 3rd 11 year Shot Put and Emily 3rd 11 year Shot Put. A superb effort from all the athletes!

From our school 6 students have been chosen to represent the District at the State Athletics Day on Tuesday 24th September at Santos Stadium. Congratulations to these competitors and Good Luck!

SAPSASA Walla Rugby

Our next SAPSASA event will be the Walla Rugby Carnival on Wednesday 23rd October (Week 2 Term 4) at Barratt Playing fields at Adelaide Shores Recreation Park (cnr of West Beach Road & Military Road). The Year 5-7 students will be lucky enough to receive 4 Clinic sessions from 2 Rugby Developmental Officers over the next few weeks teaching them the skills of Walla Rugby. The game requires players to be tagged rather than tackled and 7 tags are allowed before a turn over. Scrums and Line Outs are also awarded to the non-offending team. Points are only gained by scoring a try. Teams for the Carnival will be selected by the end of Term 3. (Only Year 6/7 students.)

Edublog

You will be able to keep up with what's happening at Hallett Cove East in PE and Science by reading my EDUBLOG. This is the site: <http://shonatreouth.edublogs.org/>.

It is called "PE and Science at Hallett Cove East" and contains information about my Science Program and SAPSASA events currently happening or in the future. I have also another link for Fundamental Motor Skills which is very relevant to students in Reception to Year 4. These skills are extremely important for the development of a student's physical ability in many sporting activities. Please have a look!



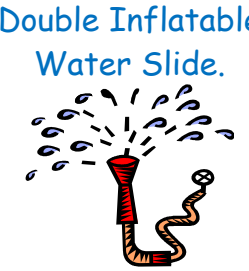

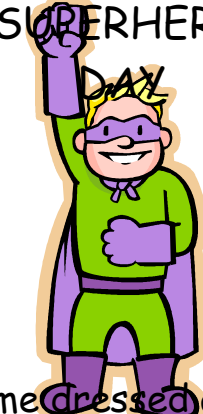

Year 7 Volleyball Clinic

A Clinic is being offered to any Year 7 student at Brighton Secondary School on Monday 30th September and Tuesday 1st October from 8.30-4.00pm each day. The cost is \$40 per day and includes Specialist Volleyball coaching from the USC Lion Volleyball Club, lunch, morning and afternoon snack, a drink and a Training t-shirt. For more information phone Shelley Clarke on 0414 266 122 or email: shelleyclarke03@gmail.com Places limited to 40 participants- 20 girls and 20 boys.

Shona Trenouth

PE/SCIENCE SPECIALIST TEACHER

VACATION CARE PROGRAM – Monday 30th September – Friday 11th October 2013

Monday 30 th Sept.	Tuesday 1 st Oct.	Wednesday 2 nd Oct.	Thursday 3 rd Oct.	Friday 4 th Oct.
<p>Movie & PJ Day</p> <p>(chill out in OSHC in your pyjamas)</p> <p>Twin Driver Racing Cars (in OSHC all week)</p> <p>BBQ Lunch</p> <p>Make and decorate a cupcake.</p>	<p>WHEELS DAY Bring your Bike, Scooter, and Skateboard.</p> <p>HELMETS MUST BE WORN</p> 	<p>JAPANESE DAY</p> <p>Have a go at Origami.</p> <p>Play the chopstick game.</p> <p>Make a Lotus Flower.</p>  <p>Sushi Lunch</p>	<p><u>EXCURSION</u></p> <p>Wallis Cinema Noarlunga.</p> <p>Please arrive at OSHC by 9 a.m.</p>	<p>ALL THE FUN OF THE FAIR!</p> <p>Face Painting</p> <p>Pin the nose on the clown.</p> <p>Guess the lollies in the jar.</p> <p>Bubbles and Pop Corn.</p>
Monday 7 th Oct.	Tuesday 8 th Oct.	Wednesday 9 th Oct.	Thursday 10 th Oct.	Friday 11 th Oct.
<p>PUBLIC HOLIDAY</p>	<p><u>WET AND WILD</u></p> <p>Water Games (bring your bathers, towel and water pistol)</p> <p>Double Inflatable Water Slide.</p> 	<p><u>EXCURSION</u></p> <p><u>SA Maritime Museum & Dolphin Cruise</u></p> <p>Please arrive at OSHC by 9am. Packed lunch and snacks required.</p> 	<p>SUPERHERO DAY</p>  <p>Come dressed as your favourite Super Hero.</p>	<p>IT'S PARTY DAY!</p>  <p>Party Games</p> <p>Party Food</p> <p>Party Hats</p> <p>And more.....</p>

Deposit Paid	Yes	No
Early Bird Rate	Yes	No

VACATION CARE BOOKING SHEET
Monday 30th Sept. – Friday 11th Oct .2013

Family Name _____

Child 1 _____

Child 2 _____

Child 3 _____

Child 4 _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>30/9/2013</u>	<u>1/10/2013</u>	<u>2/10/2013</u>	<u>3/10/2013</u> Excursion– Movies Noarlunga. Must be here by 9.00 a.m.	<u>4/10/2013</u>
<u>7/10/2013</u> Public Holiday	<u>8/10/2013</u> Incursion Water Slide	<u>9/10/2013</u> Excursion SA Maritime Museum & Dolphin Cruise	<u>10/10/2013</u>	<u>11/10/2013</u>

***Please select the days you require care. To be eligible for the early bird rate which is \$47.00 a day per child you must return this form by Friday 20th Sept. 2013 . Bookings received after this day will be charged at the standard rate of \$52.00 per day per child.

A \$52.00 Deposit will secure your booking.

Please note bookings cancelled will still be charged at the booked rate unless two weeks notice is given.

❖ ** PLEASE NOTE – IN THE INTEREST OF CHILD SAFETY AND WELL-BEING AND CULTURAL CONSIDERATIONS – ELECTRONIC DEVICES OF ANY KIND THAT HAVE A SCREEN, WI-FI OR CAMERA ARE NOT PERMITTED TO BE USED AT OUR SERVICE. THESE DEVICES MUST REMAIN IN THE CHILD’S SCHOOL BAG OR BE PLACED IN THE DIRECTORS OFFICE.

❖ The only exception to this is an MP3 player including Ipod Shuffle which only has music and does not have any screens, cameras or wi-fi/internet access. .

Please be advised that we are a Sunsmart OSHC this means that all children attending our service must abide by the Sunsmart requirements which are a legionnaire cap or wide brimmed hat – baseball caps – are not considered Sunsmart and we cannot let children play outside if they have a cap. They will have to stay in the shade only area. The same applies to t/shirts with shoe string straps or bare shoulders – these are not considered Sunsmart. Please also be aware that we have sunscreen at the service but if your child has an allergy or needs to have their own sunscreen can you please label and name it and we will ensure it used by only them.

All children must bring their own drinking bottles – we have filtered water on our premises but children need to bring their own bottles – recess and lunch is required every day unless lunch is provided. Special lunch days are highlighted on the program.

On excursions all children must bring at least one drinking bottle, a sunsmart hat, recess and lunch, appropriate footwear.

CANTEEN ROSTER FOR TERM 3 WEEKS 8 - 10

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 8 9/9/13 13/9/13	Recess	Annmarie Smith	K. Springford	Annmarie Smith	Juliet Smit	Bee Robertson Nikki Dopson
	Lunch			Kylie Barnes Sparks	Alan Beaumont	Bee Robertson
Week 9 16/9/13 20/9/13	Recess	Annmarie Smith	K. Springford May Thomson	Annmarie Smith	Jo Marnes	Bee Robertson Carmen Gonzalez Linda Batten
	Lunch			Kylie Barnes Sparks	Alan Beaumont	Bee Robertson Yvonne Caire Linda Batten
Week 10 23/9/13 27/9/13	Recess	Annmarie Smith	K. Springford	Annmarie Smith	Juliet Smit	Bee Robertson Nikki Dopson
	Lunch			Kylie Barnes Sparks	Alan Beaumont	Bee Robertson Jo Marnes