



NEWSLETTER - TERM 1 - 2ND APRIL 2014

DIARY DATES	
4/4/14	SPORTS DAY
24/3 to 4/4/14	STUDENT LED DISCUSSIONS
28/4 to 2/5	R-5 SWIMMING
6/5/14	DISTRICT CROSS COUNTRY DAY
13/5 & 15/5	NAPLAN TESTING
16/5/14	ASSEMBLY 6E & 8E
16/5/14	SCHOOL DISCO
6/6/14	ASSEMBLY 9W & 6AS
10/6/14	PUPIL FREE DAY
27/6/14	ASSEMBLY 9E & 8W



Dear Parents/Caregivers,

HARMONY DAY/NATIONAL DAY OF ACTION AGAINST BULLYING MARCH 21ST



On Friday March 21st, all students, led by Year 7 leaders, participated in interactive activities to celebrate Harmony Day and the National Day of Action Against Bullying.

The theme for Harmony Day 2014 was "Everyone Belongs" and matches our school Values of Respect, Responsibility and Fairness. A range of fun activities including Dance, Board Games, Origami, Anti-Bullying Banner, Drawings, Construction, Charades and Making Harmony Bracelets were offered and students participated in one activity for about 20 minutes.

Students had an enjoyable time and student leaders did a wonderful job of leading activities. The following are some photos of some of the activities.

HIGHLIGHTS OF TERM 1 2014

What a busy and successful Term 1 we have had. Students and staff have worked very hard on a number of different projects and activities and they can all be duly proud of their efforts. We have had a number of highlights aside from our routine programs including:

- Student Leadership and Class Lighthousekeeper representative elections
- Student Leadership training
- Year 7 School Leader Values and Resilience program
- Primary Years Bounce Program
- Traffic Monitor training
- Sports Day (to come)
- Assemblies
- Sessions with in the Life Education Van
- Growth and Development sessions for families
- Harmony Day/Anti Bullying activities
- Recognition of Safer Internet Day
- Premier's Reading and Be Active Challenges have commenced
- Cluster Choir rehearsals

- Jump Rope training
- AGM including presentations by Student Leaders, Senior Choir and Jump Rope teams
- A new Governing Council elected
- Early Years teachers working with the Reading Support Teacher
- Acquaintance activities
- Ann Baker (Mathematician in Residence) T&D for some teachers
- Quicksmart Literacy training for SSOs

STUDENT LED DISCUSSIONS

Thank you to all parents who have attended a Student Led Discussion with your child's teacher. If you haven't met with him or her yet, please contact the teacher to make a time.

REMINDER RE PARKING CHANGES TO STREETS AROUND THE SCHOOL

Don't forget that from the start of Term 2 it has been planned by Marion City Council that the following changes will be made to parking in streets around the school:

- No Stopping zones (yellow lines) along either side of Coorabie Crescent adjacent to the safety bar layout near Lighthouse Road.
- "No Stopping Zone" (signs) along the western side of Coorabie Crescent, between Lighthouse Road and Fastnet Court. The operational times of this zone will be between 8:30 – 9:00 am and 2:30 – 3:30 pm school days.
- School Zone operating times in Forrester Road/Goroke Street to reflect the new operating times of the School, that is 8:30 – 9:00 am and 2:30 – 3:30 pm.
- The short section of No Parking Zone in Forrester Road will be removed.

PAPERLESS NEWSLETTER FROM TERM 2

For those of you who receive a paper Newsletter, this will be the last one you will receive in paper form. You will have received a letter with our last Newsletter giving you the option of downloading direct from the website, or, joining the email notification process. Please ensure if you have not indicated which process you prefer, you let us know by the end of Term 2. If we do not hear from you, it will be assumed that you are happy to view the newsletters direct from the website.



UNIFORM SHOP

This term, Jo Berry (SSO) has managed our Uniform Shop and has done a great job, thank you Jo. From Term 2 onwards, please note that all Uniform enquiries need to be made directly through the Front Office. Initially, that can be done at any time during office hours.

HATS IN TERM 2

As we start Term 2 near enough to the end of April, students do not need to wear hats from the start of the term. I would ask however, that students still bring their hats to school for the first week or two just in case we have warm and sunny weather. (You may remember that this occurred in 2013 where the first week of May had temperatures in the 20s and the UV readings were unusually high.) In the long term, students will only need hats for long sporting events such as SAPSASA and excursions until August 31st.

STAFFING THANK YOUS

I would like to thank Mayumi Wong for her work in the Japanese program during Term 1. Mayumi's contract will conclude at the end of Week 11.

I would also like to thank Suzanne Dunn for her work as Acting Deputy Principal for the last four weeks of the term. Bruce Norris will return from the start of Term 2.

As you know, our Primary Years Literacy Coach Wendy Westgate, recently won another position. In Term 2, we welcome Andrea Baker who will continue this work Wendy had begun.

DON'T FORGET

R-5 Swimming will be held in Week 1 of Term 2.

OTHER COMING EVENTS

PUPIL FREE DAYS

Tuesday June 10th:

Australian Curriculum - General Capabilities

Monday October 27th:

Australian Curriculum – English

EARLY DISMISSAL LAST DAY OF TERM

Please enjoy a safe and happy holiday break with your children. School will dismiss early at 2:05pm on Friday next week, April 11th. We look forward to seeing all students back on Monday 28th April.

Anne Rathjen
PRINCIPAL

INTERNET SAFETY PRESENTATION HELPS CHILDREN STAY SAFE ONLINE

Young people today are immersed in digital technologies. They use the internet and mobile phones to socialise, study, exchange ideas and play. While online activity has many benefits, there are also risks. To help your children stay safe online, Hallett Cove East Primary School will be hosting a Cybersmart Outreach—Internet Safety Awareness presentation. Designed for parents, teachers and students, this presentation is provided by the Australian Communications and Media Authority (the ACMA) as part of a national program of cybersmart initiatives.

The Cybersmart Outreach—Internet Safety Awareness presentation is thorough and non-technical. It covers a range of issues including:

- the ways children use the internet and emerging technologies
- potential risks for children online, such as cyberbullying, identity theft, inappropriate contact and exposure to inappropriate content
- tips to help children stay safe online.

The parent meeting will be held on **Monday 23rd of June 2014 at 6.30**. When a similar meeting was held 2 years ago, parents who attended were astonished at the information that relates to their children of primary school age. This may well be the most important meeting you attend at school this year. Mark the date in your diaries now and more information will be sent home next term.

**Regards Suzanne Dunn
E-Learning Coordinator**

ENTERTAINMENT BOOKS

Entertainment books will be available at school from Friday 11th April. Great value at \$65-! A great way to support fundraising for the school and fantastic value. An order form went home this week with your child. Thank you for your support.

LHK EXECUTIVE

The Light House Keepers have decided to have a casual day on the last day of term (11th April). We ask for you to bring a gold coin donation for our charities. There is no particular theme as you may wear what you want. Just remember no tops exposing your shoulders or stomach, no hair colour and no inappropriate jewellery e.g. bracelets, dangly earrings or necklaces.

READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website <http://www.readingrockets.org/>. This is a very useful site offering ideas to get children reading from a very young age.

Say silly tongue twisters

Sing songs, read rhyming books, and say silly tongue twisters. These help children become sensitive to the sounds in words.

PE NEWS

SPORTS DAY FRIDAY 4TH APRIL 2014

We hope to see you all this Friday at our Sports Day. Lots of planning has happened and the students are getting very excited. The following Well Being Leaders will be helping to organise the day.

PERRY-BARR (Yellow)	KAURNA (Green)	HALLETT (Red)	TATE (Blue)
Jaden Natahlia Joe Joel	Declan Kyla Rhys Alicia	Ben Emma Taylor Tyson	Josh Isabella Luke Stephanie

Here is a programme of the day.

In regular classes, roll, lunches	8:40
Opening Assembly - Guest Speaker to open Sports Day, Team Chants, Health Hustle	8:55
Tabloid events (6 rotations x 15 mins.)	9:20
Recess	10:50
Tabloid Events cont. (5 rotations x 15 mins)	11:25
Lunch	Yrs R-2: 12:30-1.30pm Yrs 3-7: 12:45-1.30pm
Buddy Class Event Reception – Yr 2 Sprints Yrs 3-7 House Sprints Yrs 3-7 Relays Tug-o-war - Yr 6/7 students Staff, Parents Sprint Race	1:30
Yard Clean up Shields Presentation Home time	2:40 3.05pm

The morning session has been developed to maximise fun and participation, consistent with previous Sports Days. Our afternoon events allow for our talented athletes to shine, as well as giving as many children as possible the chance to perform in front of our school community. Children in Year 3 – 7 will compete for points throughout the day, with a tally kept to determine the winner of the overall Sports Day Shield. All children, Reception – Year 7 will also compete for an attitude shield, based on their effort, sporting behaviour, organisation and cooperation. This shield competition will then continue throughout the year

All students should come dressed for Sports Day and stay at school all day please. If they are colouring their hair for the day or using coloured zinc cream, can you please ensure that this is done at home. Students have been advised not to bring these items to school.

Please ensure your child does have:

- *team colours, *school hat, *drink bottle**
- *t-shirt with sleeves (sun smart)**
- *suitable running shoes**
- *sunscreen**

Reception to Year 7 students will remain in their House teams in their House areas after lunch, cheering on their team mates when not involved in activities. The canteen will be open from 9am.

SAPSASA DISTRICT CROSS COUNTRY

There is a very keen group of students meeting each Tuesday morning at 8.00am on the oval for training. With the help of Lisa Davis they are training hard. District Cross Country will be on Tuesday 6th May at Thalassa Park near Aberfoyle Park Primary School (Term 2 Week 2). Students who have been training should have received a permission note.

HOCKEY CLINIC

The Year 4/5 and Yr 3/4 classes have been lucky enough to participate in a Hockey Clinic run by the Seacliff Hockey Club. Todd Kitto has been teaching the classes in their PE lessons for 4 weeks and the student's Hockey skills have really improved. There are a Club Hockey and School 5 aside Hockey Competitions that students can participate in, Club Hockey has a Come and Try night on Thursday 3rd April. The Under 9's and Under 11's 4.30 to 5.30pm. Under 13's -5.30 to 6.30pm for those students who are interested. (They are 30 minute games).

There is a school competition for 5 aside teams, Years 3, 4 and 5 can nominate now for Term 2. Games are on Mondays between 4 and 5.30. There are modified rules and umpires and coaches are provided.

For more information please contact Todd Kitto mobile: 0400276719 or email: juniors@shc.org.au

**Shona Trenouth
PE/Science Specialist Teacher**

CANTEEN SPORTS DAY MENU

Hot Dogs, Hot Potatoes, Sausage Rolls, Pies, Cold Drinks, Ice Blocks, Slushies, Muffins and Hot Cross Buns.

A Coffee Van will be available for purchasing coffees and hot chocolates.

All of the above food is available over the counter.

No other lunch orders will be available on Sports Day.

Canteen will be open from 9:00 am until 1:30 pm.

Linda Batten & Bee Robertson

AFL FOOTBALL

The first football training at this stage will be commencing at 4pm Thursday afternoon on April 10th (week 11). This will happen at Hallett Cove R-12 school on the football oval. This is at the rear of the school and cars can be driven through the school at the Gledsdale road entrance to park next to the football oval on the hand tennis courts.

All the teams at the moment will be training at the same time. This is subject to change due to the preference of the coach.

We are still looking for 4 or 5 year 4/5 players. I have e-mailed through to the Glenelg football club to see if any other schools have extra players who would like to join our team. The year 2/3 team have the full numbers required to play. The year 6/7 team is short by only one player and will go ahead.

If you know anyone else still willing to play, please get in contact with me.

**Kris Kelly
PE TEACHER R-6 (HALLETT COVE SCHOOL)**

A BIT FROM BEK

Hi Parents, Caregivers, Family and Friends!

The countdown is well and truly on! The end of term 1 is nearly upon us, and I sit here saying the same thing I say at the end of every term – “where did the term go?”

A while ago, I wrote about our days running us or us running our days, that quote has stuck with me throughout the term. I have tried to make sure that I run my days rather than them running me. Some days, I got it right and other days, I wanted to restart and have another go at it. Regardless of the day – whether I was on top of everything or not, I tried to be present to each moment the best I could. I happened upon a quote by Maya Angelou, an American author and poet. It said:

“Life is not measured by the number of breaths we take, but by the moments that take our breath away.”

I think every moment has something breathtaking about it; we are just sometimes too busy, too rushed or too focused on something else that we don't or can't see the beauty about that moment. Now, I'm not naïve about life, I am well aware that it's not all rainbows and cupcakes! There are moments in life that we are shaken to our very core, moments where it feels like all hope is lost and days we would rather forget, but when we reflect back on trying times, there are moments that were beautiful amongst it all. Those moments can look like anything, whether it is a well-timed text message from a friend, a timely song lyric you hear on the radio that sounds like they are talking just to you, an unexpected bonus in the bank account or the fact you are given the opportunity to have some 'me' time – I would consider these breath-taking moments, a peek of light in the darkness.

Every moment has the potential to take our breath away. My hope is that during the holiday break, you have moments that take your breath away.

Take care! ☺

Bek O'Neill
CHRISTIAN PASTORAL SUPPORT WORKER



BOUNCE BACK.....a student Resiliency Program

Part of my role this year is to develop and teach students how to become more resilient. Young people have always needed coping skills to deal with life's challenges.

Next to families, schools are the most effective places in which resiliency can be developed.

The Bounce Back program was developed by Australian Educators, Helen McGrath and Toni Noble.

The anticipated outcomes that I am focussing on include;

- * More effective and increased peer support for friends and classmates.
- * Higher levels of emotional wellbeing.
- * Enhanced self-esteem of students.
- * Students being confident decision makers.
- * Making relevant connections with our School

Values of Respect, Responsibility, Fairness and Excellence.

During Term 1 this year I have worked once a week with 4 classes on the Bounce Back program. We have included relevant age appropriate activities that address;

Looking at the Bright Side: The focus is on optimism, accepting that difficult times are usually temporary and having the confidence to solve problems and take positive actions.

Teamwork: Working cooperatively and collaboratively in a group/team often gets the job done and can develop good friendships. Being Supportive of others contributes to a feeling of connectedness to peers and family.

Differences: Everyone is different and we should be respectful.

Positivity: Being positive is helpful to yourself and others.

Chris Ross



COMMUNITY NEWS

Please see noticeboard for further information.

- **MORPHETT VALE BASKETBALL STADIUM** - We are running school holiday clinics during the April school holidays.

Aussie Hoops (ages 5 – 12)

School Holiday Clinics (ages 5 – 12)

Miniball (grades 2 – 7)

Junior Domestic (ages 6 – 16)

High School Basketball (grades 8 – 12)

Pink Ball (girls 10-14)

Refereeing (ages 12+)

For more information on any of these activities visit www.morphettvale.basketball.net.au or contact the stadium on 8382 0143.

- We are delighted to invite your School to be part of the Community Celebration for the Opening of the Duplication of the Southern Expressway.

This event is scheduled for mid-2014 and activities include a Community Parade and Expo, music, dance and children's entertainment, tree-planting, cycling and walking events – lots of great ways to highlight your students' work and achievements. We're already talking to several schools who are interested in supporting their students to build vehicles out of recycled materials and race them on the day – sustainability, education and fun combined!

Please visit

<http://www.junctionaustralia.org.au/opening-celebration>

to learn more and register your interest. Even if you're not sure of the details of your participation, but want to be included, please let us know.



- **Does your child have a sleep problem?**

The Child and Adolescent Sleep Clinic in the School of Psychology at Flinders University is providing treatment for children (aged 6 to 13 years) who are experiencing at least one of the following:

- ▣ **Having trouble falling asleep**
- ▣ **Waking up and cannot get back to sleep**
- ▣ **Having trouble waking up or getting out of bed in the morning**
- ▣ **Often sleeping in their parents' bed or bedroom**
- ▣ **Often needs a parent to fall asleep**

Places are limited. For more information, please email casc.enquiries@flinders.edu.au or call 8201 7587





Aberfoyle
Park High



2015

A program for gifted students



We invite you to apply for a place in our Ignite program at Aberfoyle Park High School for Year 8 in 2015

To download an application form visit "Ignite"
on our website - www.aphs.sa.edu.au

The final opportunity to sit the Ignite test for 2015 entry
will be **Friday 9th May 2014.**

Aberfoyle Park High School

PH: 8270 4455

Email: info@aphs.sa.edu.au



Government of South Australia

Department for Education and
Child Development



FREE TRIAL

15–31 May 2014

Kumon English or Maths Programme

Must Register Before May 15!

Trial the Kumon English or Maths Programme for two weeks ... for free!

For 30 years Kumon Australia and New Zealand has been developing children's reading and calculation ability, as well as these attributes:

- Concentration and positive study habits
- An ability to learn advanced materials
- Increased confidence and
- A love of learning.

Please contact your local Kumon Education Centre for details. Terms and conditions apply.

