



NEWSLETTER - TERM 3 - 29th JULY 2015

DIARY DATES	
R-7 ASSEMBLIES ON FRIDAYS AT 2:15 PM	
13/08/15	SCHOOL PHOTOS
14/08/15	PUPIL FREE DAY
21/08/15	WAKAKIRRI
04/09/15	PREMIERS READING CHALLENGE CLOSURES
10/09/15	OPEN DAY AND FUN RUN
11/09/15	SCHOOL CLOSURE DAY
12/09/15	CHOIR PERFORMANCE
ASSEMBLIES FOR TERM 3	
07/08/15	5E & 8W
12/8-18/8	BOOK FAIR @ SCHOOL LIBRARY
24/8-28/8	BOOK WEEK

Dear Parents/Caregivers,

WELCOME

Welcome to several new students who commenced at HCEPS this term and their families. We look forward to a long and positive partnership working with you. Welcome back to Lyn Jones who has returned from long service leave. We also welcome 7 pre-service teachers who are working across the school.

OPEN DAY AND FUN RUN – THURSDAY SEPTEMBER 10th

This is just a forward notice to ask the school community to please put Thursday September 10th in your diaries for our Open Day and Fun Run to be held from 11:30am to 3:00pm.

This year we are holding a family event that will commence with a school fundraiser with all classes participating in a Fun Run to be held before lunch, a barbecue lunch where students and families can buy a barbecue lunch and eat

it picnic style on the oval followed by our school being open for families to visit in an Open Day throughout the afternoon. During the open day section, classes will be showcasing high quality learning with a numeracy focus (and in particular problem solving). Specialist classes will also be showcasing high quality learning in the Arts and Japanese. The fundraising committee will shortly provide more information about the Fun Run fundraiser. Families will also receive an invitation for the whole day event that will provide more detailed information about each section. We look forward to seeing as many of you there as are able to attend. Please watch out for your invitation.

VOLUNTEER TRAINING

Again, I would like to acknowledge the wonderful support our school enjoys from close partnerships with parents and families. One important part of this is our Volunteering program. This is a friendly reminder that DECD expects all volunteers to have completed appropriate volunteer training in order to be able to volunteer. I will be conducting 3 sessions of Volunteer Training during Weeks 4 and 5 this term. Shortly, all volunteers with a current DCSI Child Related Criminal History check, who work with children but have not yet completed the new 2015-2017 Volunteer Training will receive an invitation to attend one of these sessions. (This includes sports coaches.) I strongly encourage you to attend one of the sessions in order that our volunteer programs correctly align with DECD policy and you are clear on your volunteering responsibilities.

Thank you.

WEAR RED DAY/END OF TERM FUNDRAISER

Thank you to all families who supported our Wear Red Day on the last Thursday of Term 2. Students who participated paid a gold coin to participate. Your generosity saw us raise \$360.10 for the SIDS and Kids/Red Nose Day charity.

COMING EVENTS

PUPIL FREE DAYS (PFD) AND SCHOOL CLOSURE DAY

TERM 3 PFD Friday August 14th:
Australian Curriculum training –
Technologies and General Capabilities

TERM 3 Friday September 11th
SCHOOL CLOSURE DAY – SHOW DAY

TERM 4 PFD TBA: Australian
Curriculum moderation

OPEN DAY AND FUN RUN

Thursday 10th September – 11:30am-
3:00pm

OTHER IMPORTANT EVENTS

Thursday 13th August - School Photos

Friday August 21st - Wakakirri

Saturday September 12th - Festival of
Music Choir performance

Wednesday September 2nd - SAPSASA
Athletics Carnival

Wednesday 12th to Monday 17th
August - Book Fair

Anne Rathjen
PRINCIPAL

EARN AND LEARN

Our school is participating in the Woolworths Earn and Learn rewards program. We would appreciate our school community's support by placing any completed sticker sheets they receive, in the collection box located in the school office.

SAFETY AMBASSADOR'S SPOT

On the 22nd of June, the Safety Ambassadors went to Belleview Heights Primary School for Safety Ambassadors training. We learnt about being safe, how you can keep safe and how we can help students to keep safe. We talked about how you can call 000 if you are in desperate need of help and how you can protect yourself from unsafe conditions, (like a fire).

We made a safety poster and wrote down ways we can be safe. We talked about the Big 3. The Big 3 are questions we ask ourselves if we are somewhere without our parents.

- 1: Do I feel safe with this person?*
- 2. Do my parents know where I am?*
- 3. Am I prepared to call out for help if I'm in trouble.*

We then finished it off by saying, "If you answer NO to any of these questions, don't go!"

This poster is now in House 1 and we are going to share it at Assembly.

This term we will be doing little lessons in R-4 classes to help students understand important safety messages.

By: Casey, Lisa and Jasmine
SAFETY AMBASSADORS

PARENT FEEDBACK ON THE AUSTRALIAN CURRICULUM

DECD would like to hear from parents/carers about the Australian Curriculum so that we can feed into the national process of curriculum monitoring. This curriculum is used by Reception to Year 10 teachers to plan what students will learn. Your opinions will be a valuable contribution to DECD's feedback to the national monitoring process. The survey can be accessed at:

https://www.surveymonkey.com/r/Feedback_Parents_Carers_Aust_Curric.

The survey closes on Friday 7 August.

ADIDAS SCHOOL FUN RUN

We will be holding an "Adidas School Fun-Run" as a major fundraising event this term. The event will be held on Thursday, September 10th, 11:30 - 12:30 within the school grounds.

The *School Fun-Run* is a healthy, fun and active fundraiser that ensures we send the right message to our students about getting active, having fun and maintaining a healthy lifestyle. The main focus of this event is on participation. Family support is most appreciated as we encourage all students to get involved.

All students will soon receive a Sponsorship Form to help collect sponsorship on behalf of the school. The funds raised will be used to purchase items that will enhance teaching and learning and our school environment.

We ask all parents to read the Sponsorship Form and sign the front page to grant permission for their child to fundraise and participate in this event. Students who raise just \$10 or more will receive a reward for effort. In the Sponsorship Form you will also find many other benefits like the chance to win a family holiday to Disneyland!

You can also help us win an extra \$1000 for our school, by participating in the Bupa Family Challenge. We're encouraging all of our student families to register for the Fun Run Challenge at

www.bupafamilychallenge.com.au

The Fun Run Challenge has been designed to help you and your child work together to prepare for the fun run. You will have access to fantastic training exercises, nutrition tips, recipes and health guides to help you get ready for your fun run and develop some healthy habits as a family. The school with the most registrations will win \$1000 so every family counts! Remember to enter our school name and the FUN RUN promo code when you register.

Students wanting to track their progress, and use *online fundraising*, can do so by logging onto

www.schoolfunrun.com.au/students

and creating a Student Profile Page. We encourage this type of fundraising as it gives children the opportunity to access sponsorship from outside of their community such as from overseas and interstate.

Finally, we would like to welcome parents and family members to attend the *School Fun-Run* event day at the school on **Sept 10th** to help cheer on the students. A coffee van and sausage sizzle will be available for you!

Thank you, good luck and happy fundraising!

**Bruce Norris and Shona Trenouth
COORDINATORS
ON BEHALF OF FUNDRAISING
COMMITTEE**

FROM THE RESOURCE CENTRE

Scholastic BOOK FAIR is on again in our School Library/Resource Centre commencing on Wednesday 12th August and finishing on Monday 17th August.

Books can be viewed and purchased at the following times:

Wednesday 12th August	3.00 - 4.00pm
Thursday 13th August	8.30 - 9.30am
	3.00 - 4.00pm
Monday 17th August	8.30 - 9.30am
	3.00 - 4.00pm

Money raised will go towards purchasing new books for our library.

We hope to see you at the BOOK FAIR.

CANTEEN NEWS

LAMINGTON DRIVE REMINDER

The timeline to lodge orders and payment has been extended

THE CUT OFF IS NOW

10am tomorrow

THURSDAY 30th July 2015

Please place your order and support our school canteen

SCHOOL PHOTOS COMING SOON

MSP Photography will be at our school on **Thursday, 13th August**, to take class, family and individual student photographs. Please be reminded that students are to wear correct school uniform on these photograph days.

Some important information:

- Each child must present their own envelope to the Photographer on PHOTO DAY. Do not seal envelopes inside each other.
- Please enclose CORRECT MONEY as there is **no change available on Photo Day**. Cash, cheques, credit card and money orders accepted.
- Orders can be placed Online by logging on to www.msp.com.au
- If your child is absent on Thursday, 13th August, there will be an opportunity for them to be photographed on the following Monday, 17th August at 9:00 am.
- Family Photo Envelopes are available from the School Office.
- For any enquiries please contact MSP Photography on ☎ **08 8391 3951** or admin.adelaidesouth@msp.com.au or

Prior to the day, all students will receive a **Photo Pack Envelope**, which lists the various photo packs available for purchase. We are offering the same format as last year, **Master Class Presentation**. This style is an A4 glossy folder which has a front and back cover. The inside will consist of a Composite Group and a Traditional Group of the class.

weeks. Another sport will be chosen for the rest of the term and that is still being finalised.

Gymnastics

All the classes involved have now received a Permission note for the Gymnastics Programme which begins in Week 3. Please get the note back to school as soon as

In 2015 the range of options available to you online has increased. As well as the option to download a Low Resolution image for a smart-phone, parents will now have the option to purchase a **High Resolution Digital Download** of their child's image and ***Family/Sibling packages will also be able to be ordered online!***

An added incentive for our families is that MSP now offers a 10% discount for all family orders above \$90.00 a family.

PE NEWS

SAPSASA Volleyball Carnival

Trials for the teams were held in the last week of Term 2 and teams are now finalised. There are 8 teams attending, three Yr 6/7 Boys teams, two Yr 6/7 Girls, two Year 4/5 Boys and one Yr 4/5 Girls teams. The Carnival is on Wednesday 19th August at Marion Recreation and Leisure Centre in Marion. Students who were chosen will have received a permission note, health form and invoice and need to return them with payment as soon as possible. Any assistance on the day would be very much appreciated, having a parent in charge of each team really makes the day run smoothly. (Don't forget appropriate Volunteer requirements apply).

Sporting Schools Grant

As you may be aware from the media, schools have been given the opportunity to apply for money to pay for Sport Clinics to be presented to students. We have applied and been granted the funding so the first of our Sport Clinics will be Volleyball. This series of lessons begins Monday 27th July and goes for 4 Mondays. Classes from Yr 3/4 to Yr 6/7 will be participating for the 4

possible. Some classes also need to make a small payment to cover the cost.

Please remember that Gymnastics is part of the school curriculum so every child is expected to participate.

Shona Trenouth

PE/SCIENCE SPECIALIST TEACHER



JOEY'S JOURNAL

The power of yet

I spent last week at a conference for Pastoral Care Workers around South Australia. At the conference I attended a session on positive psychology. Something that really struck me was an explanation of 'the power of yet'.

We live in a world that is so focused on what we can't do. It is so easy to be a pessimistic person and picture the glass as half empty, rather than half full. We make lists of things that we can't do:

- I can't ride my bike without trainer wheels.
- I can't remember my seven times tables.
- I can't swim 200m without stopping.
- I can't find a job.

It is so easy to decide that these things are too hard to ever try again.

I challenge you next time you think that you can't do something, to instead embrace a growth mindset. To believe that you can grow, change and develop. That just because you can't do something now, doesn't mean that you will never be able to do it. You just might not be able to do it, **yet**.

If we add the simple word **yet**, to the end of each item of our list we can be hopeful rather than just giving up.

- I can't ride my bike without trainer wheels, **yet**.
- I can't remember my seven times tables, **yet**.
- I can't swim 200m without stopping, **yet**.
- I can't find a job, **yet**.

I have believed each of the first four dot points at one time in my life. It was only once I embraced the power of yet, and positively considered the challenges as something that I could one day achieve that I was ever able to achieve them.

I encourage you to add the word **yet** to the list of things that you can't do. There are many things in life that are possible if we spend time working towards them positively. This might mean training or practising.

What's more, as we embrace the power of yet and look at our challenges positively, we encourage all those around us to do the same. I can't wait to be inspired!

Joey Traeger
PASTORAL CARE WORKER

READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website <http://www.readingrockets.org/>. This is a very useful site offering ideas to get children reading from a very young age.

You can also check out the Parent section of our website.

Create a book together

Fold pieces of paper in half and staple them to make a book. Ask your child to write sentences on each page and add his or her own illustrations.

EARLY YEARS TEAM

SCHOOL UNIFORMS

If you are trying to find grey school pants or any further Uniform items, that the school does not stock, the following school uniform stockists may be able to assist.

DZ UNIFORMS:

5/503 Goodwood Road, DAW PARK
Ph: 8276 8449

Email: info@dzaustralia.com.au

DEVON CLOTHING:

84 Daws Road, EDWARDSTOWN
Ph: 8350 7900

Email: Michael@devonclothing.com.au

COMMUNITY NEWS

Please see noticeboard for further information.

- **GIRL GUIDES** - adventurous activities, camping, learn life skills, earn badges, campfires, community service plus we have lots of fun. **COME & TRY GIRL GUIDES. Reynella, Thames Drive: Tuesday 4.00-5.30pm, Ages: 5-10. New Unit & Leader.**
Hackham, Greenbank Grove: Wednesdays 4.00-5.30pm Ages 5-10. Older girls 10-13 years Wed: 6.00-8.00pm, 14-18 years Mon 7.00-9.00pm
☎ Jane 0407 651 606 Email: corbidge@tpg.com.au
Or ☎ Kym 0408 08 2662 or Email: reynellagirlguides@gmail.com



Cyber Safety

An opportunity for parents to learn about the technology their children are using and to identify ways to keep their children safe. BHIMBGO - come along if you are not sure what that means!



Venue:
Fennessey House
33 Wakefield Street
ADELAIDE SA 5000

Dates: Thursday 06th August, 2015
Thursday 15th October, 2015
Tuesday 08th December, 2015

Time: 6pm – 8pm

Bookings essential, please contact (08) 8210 8200

This project is jointly funded by Centacare Catholic Family Services and the Department of Social Services

South Australian Association of School Parents Clubs (SAASPC)
invites parents to attend

Sessions with Andrew Fuller

Monday 17 August
7.00 – 9.00pm
Valuing girls / valuing boys

Tuesday 18 August
9.30am – 4.00pm
Unlocking your child's genius
Building resilience in children
Survival skills for parents

SAASPC annual general meeting

Where
Australian Education Union Building 163a
Greenhill Rd, Parkside

Cost
For SAASPC affiliated preschools and
schools - free

For non affiliates
Monday evening \$27.50
Tuesday only \$44.00
Both sessions \$55.00

A light supper on Monday, and morning tea
and lunch on Tuesday will be provided

Andrew Fuller is a clinical
psychologist who has worked with
many schools and communities in
Australia and internationally,
specialising in the wellbeing of young
people and their families.

He has recently been described as an
'interesting mixture of Billy Connolly,
Tim Winton and Frasier Crane' and as
someone who puts the heart back into
psychology.

This is also an opportunity to meet
and talk with parents from other
preschools and schools

We appreciate the financial
assistance of the Minister for
Education and Child Development
which enables us to meet the cost of
the conference and provide
accommodation for our country
affiliates.

Accommodation

Limited free accommodation is
available on Monday 17 August
at Tiffins on the Park, 176
Greenhill Rd, Parkside for
parents attending from *affiliated
country preschools/ schools*. It
does not include meals or other
expenses incurred.

If you do not belong to an
affiliated preschool/ school or
you wish to extend your stay you
will need to make your own
arrangements for
accommodation, although we
are happy to assist you in any
way.

Child care

While we are unable to provide
child care ourselves, for parents
attending from *affiliated
preschools/ schools* we are able
to reimburse you so your costs
are covered.

Registration form / tax invoice – Sessions with Andrew Fuller

Please photocopy this form for multiple registrations

Return by 3 August if
accommodation is required,
otherwise by 10 August to
SAASPC
GPO Box 2126 Adelaide 5001
fax 8522 4084

For more information
telephone 1800 724 640
email info@saaspc.org.au



ABN 60 901 906 615

Please make cheques payable to
SAASPC - contact us for EFT details

Confirmation of registration and
accommodation will be emailed or
posted to your home address

Name _____
Home address _____
Postcode _____
Telephone _____ Email _____
Preschool/School _____

My school/preschool is affiliated with SAASPC – no charge

I will be attending (please cross box)

Monday evening Tuesday Both sessions

My school/preschool is NOT affiliated with SAASPC

I will be attending

Monday evening	\$27.50	\$
Tuesday	\$44.00	\$
Both sessions	\$55.00	\$

I will require accommodation on

Monday 17 August

Please indicate if required

Special needs (eg dietary, wheelchair facilities) _____

I will be applying for reimbursement of childcare costs