



Quailo Ave, Hallett Cove SA 5158 | Principal: Anne Rathjen | Ph: 8322 3677 | Fax: 8322 4696 | E: dl.1053.info@schools.sa.edu.au | www.halcoveeps.sa.edu.au

NEWSLETTER - TERM 1 - 24th FEBRUARY 2016

DIARY DATES			
07/03/16	ANNUAL GENERAL MEETING		
01/04//16	ASSEMBLY 7E & 5E – 2:15 pm		
08/04/16	SPORTS DAY		

Dear Parents/Caregivers,

ACQUAINTANCE MEETINGS

Thank you to those of you who were able to attend Acquaintance Meetings last Tuesday. The meetings were very well attended. I hope parents found them valuable firstly to meet teachers and secondly to clarify your understanding of how your child's classroom will operate during the year.

STUDENT LEADERSHIP TEAM

During the last 3 weeks the Year 7 teachers, Bruce Norris and I have undertaken the process to fill Student Leadership positions. This year, 6 Lighthousekeeper Executive Leaders and 8 Wellbeing Leaders were chosen through an application, interview and role play/activity presentation process.

These students were presented to the whole school at the Assembly on Friday. All Student Leaders recited their pledges during the assembly.

Congratulations to:

Lighthousekeepers Executive Leaders: Natarsha, Bianca, Ané, Riley, Jacques and Alexander.

and

Wellbeing Leaders: Chloe, Maddison, Sophie, Olivia, Jake, Kyle, Marcus and Damon.



SCHOOL ANNUAL GENERAL MEETING

The School AGM will be held on Monday March 7th at 7:00pm.

The AGM is a very important event because it gives us an opportunity to share our work and successes of 2015 with the school community. Our Student Leaders will present the highlights of the year and will also be other student presentations. After the presentations the Governing Council will hold its annual elections. Membership of the Governing Council provides an opportunity participate in discussions around a variety of school issues and is a great way to learn how schools operate. We always welcome new members to our Governing Council. An invitation has already been sent home to all families and is also included in this newsletter. If you wish to nominate for Council, you can do so through the invitation. Please also note that attendance at the AGM does not mean that you are expected to nominate for Council – this is purely voluntary but obviously we certainly welcome new parents. So please do not let this part of the proceedings put you off attending and celebrating our work with us and mark this important date in your diaries.

COMING EVENTS

DON'T FORGET

SPORTS DAY

Sports Day will be on April 8th. There will be more information about Sports Day provided to you shortly.

STUDENT LED DISCUSSIONS

Student Led Discussions will be on Tuesday 29_{th} -Thursday 31_{st} March in Week 9 and Monday April 4_{th} in Week 10 of this term. We will provide further details of these discussions in due course.

R-5 SWIMMING

Years R-5 Swimming will be held in Week 6. You should have received information about this already.

Anne Rathjen PRINCIPAL

SCHOOL COUNSELLOR

KidsMatter is a mental health and wellbeing initiative which aims to foster mental health, helping staff, students, parent and community to bounce back from the many challenges we all face in our lives. KidsMatter focuses on four main areas:

- Creating positive school communities
- Developing social and emotional competencies
- Working in partnership with families
- Recognising and providing support for mental health problems in children

We now have a KidsMatter Action Team in place consisting of members which are representative of our school community. It will be our job to be the driving force during the planning and implementation stages. It will take a lot of hard-work as well as a long-term project commitment to influence the essential changes for this initiative to be successful.

Our first priority was to develop a Wellbeing Vision Statement for our school. The vision statement provides information about where we would like our wellbeing and mental health for our school to be in the future.

Hallett Cove East Primary School Wellbeing Vision Statement:

To prevent, promote, support and bring about awareness of mental health across the whole school and community. To ensure every individual has the social and emotional competencies and resources to enhance mental health including management, self awareness, social awareness, relationship skills and responsible decision making. Each community member will have an active role in nurturing a positive culture in which everyone owns, practises and transfers competencies well these as as acknowledging and celebrating diversity within our own and others' communities.

At times we may ask parents and the community for help, support and perhaps even sometimes offer expertise on specific subjects on our KidsMatter Action Team. We hope that you will join us in making our school a positive community in which mental health and wellbeing are our top priority.

You can find more information about KidsMatter online as well as information at the front desk.

https://www.kidsmatter.edu.au/families/ab out-kidsmatter

Evie Donoghue SCHOOL COUNSELLOR

MUSIC NOTES

Our music programme is well underway with classes either beginning to play the recorder, keyboard or guitar. begun the year with guitar playing. If your child is in 6E and has their own quitar to use then they are more than welcome to bring it to school. They are able to store their guitar in the music room during the day and can drop off and pick it up before and after school. Those students with electric guitars may bring their electric guitar in (with an amp) but only that student may use the guitar. students beginning recorder will be given a note about the possibility of purchasing a recorder in the next couple of weeks. Normally recorders cost approximately \$10.00. If you want to purchase your own recorder then you are more than welcome The best place to buy a recorder is from a music shop and they are able to guide you to buying a good students recorder (descant).

We have lots of interest in the three cocurricular programs: percussion ensemble, Wakakirri and Drama Club. Next week your child will come home with a letter which will explain what they are about, expectations and goals for each group. One of the changes I will try to make this year will be to ensure our choirs (Senior Junior) as well as percussion ensembles have more opportunities for performing. At this stage the percussion ensemble and Senior Choir will be booked to perform at the AGM. Our bia performances for Wakakirri and Senior Choir are in term 3 at The Entertainment Centre and The Festival Theatre respectively. The Drama Club performs their musical/play in term 4. This year the percussion ensemble will be auditioning for The Festival of Music as an assisting artist. More information about this will be supplied at a later date.

Evie Donoghue MUSIC TEACHER

READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website http://www.readingrockets.org/. This is a very useful site offering ideas to get children reading from a very young age. You can also check out the Parent section of our website.

Different strokes for different folks

Read different types of books to expose your child to different types of writing. Some kids, especially boys, prefer non-fiction books.

EARLY YEARS TEAM

Riddle time!

Are you good at riddles? If the answer is yes, then why not do our **HCEPS Riddle Time Competition**. A new riddle will be featured in every newsletter. All you need to do is write the answer down on a piece

This week's riddle is:

The answer to last newsletter's riddle: THE MOON

This week's riddle is:

Everyone has it but no one can lose it, what is it?

Good luck! Ms D.

FUNDRAISING NEWS FEBRUARY 2016

Welcome to a new school year, we felt that it would be a good idea to let you all know what was accomplished in 2015 and what will be happening in 2016.

Last year we had some marvellous fundraising activities; these included the Mothers' Day and Fathers' Day stalls, a school disco, Ladies day, family photo day and the whole school Fun Run. Overall these events raised \$17,000!!! After expenses that gave us a profit of \$10,500 which we are busy planning what to spend it on within the school.

A very big thanks to everyone who has organised these events and helped bring them together and run them. Of course we also say a big thank you to everyone who has supported them, in particular the businesses and individuals who kindly donated prizes for our Ladies Day — without you there would be no success stories to tell!

We have many exciting events planned for the school year ahead including the usual Mothers' Day and Fathers' Day Stalls and hopefully a disco or two.

Here's looking forward to more successes in 2016!

UPCOMING EVENTS

School Disco - Date to be confirmed Mothers' Day Stall - Term 2 - Thursday 12th & Friday 13th May Fathers' Day Stall - Term 3 - Thursday 1st & Friday 2nd September

More exciting events to be announced soon....

If you would like to be a volunteer and help on any of the upcoming events, this year please contact Victoria Gorton on 0433 152 021 or vicgorton@gmail.com for more information.

THE FUNDRAISING COMMITTEE

PE NEWS

Welcome back to school everybody and I look forward to working with each child in PE lessons and the 3 older classes in Science.

For PE this term we have been playing Tennis. The school owns the mini Tennis Nets and they are set up in the Big COLA.

SAPSASA District Cross Country

The permission notes are out this week and training will begin on Tuesday mornings 8.00am on the Oval in Week 5 (Tuesday 1st March.) The District Cross Country will be Tuesday 17th May 2016 (Week 3 Term 2)

Sports Day

Sports Day is being held on Friday 8th April 2016 and plans have begun to get the day organised. Students are being allocated their House Team and the Well Being Leaders have been elected. We will be having some new events this year which will add to the excitement. Please keep this date clear for this event, your child will really appreciate your attendance and parent involvement really adds to the atmosphere. If you are able to help on the day please let the front office know or write me a note.

Little Athletics

ARE YOU THE FASTEST 12 YEAR OLD BOY & GIRL IN SA?

2016 Australian Little The **Athletics** Championships (ALAC) are being held in Adelaide on Sunday, 24th of April 2016. As a part of this major event, Little Athletics SA - with the proud support of Nova - are in the search for potential 12 year old champions to compete on the national stage! Your School is invited to nominate your best 12 year old boy and girl over 100m to be a part of this significant event. TO THE ATHLETE: Were you born in 2004? Do you think you are quick over 100m? Have you recorded an official time? Could you be a future Olympian?

Athletes wishing to compete in this event must complete and submit our online nomination form by Sunday, 3rd April 2016.

Terms and conditions apply. For more information & to register, please visit www.salaa.org.au/alac

DATE: Sunday, 24th April 2016

LOCATION: SA Athletics Stadium, 145 Railway Terrace, Mile End 5031 TIMES: Heats 9am-10am / Finals 1pm-1:30pm.

Just a reminder that the local Little Athletics is on each Friday night at the Hallett R-12 School. The contact is Adam Ireson. Mob. 0426391213. Please consider taking your child to have some fun and learn more about Athletics.

Shona Trenouth PE/SCIENCE SPECIALIST TEACHER

CANTEEN NEWS Focus on Volunteers

Once upon a time the school canteen was staffed mainly by mums of students who gave up their time to work as volunteers. But these days with both parents frequently working part or full time, the pool of stay at home mums is drying up, so we need to look further afield to find volunteers.

I am making a call- out to all grandparents who may have an hour or two to spare come and lend a hand and see your grandchildren!!

We have Vacancies for volunteers Tuesdays, Wednesdays and Thursdays.

What's New

Seasonal Fruit Pots - from \$1.00 Fruit Jellies - \$1.00

Coming Up

Easter Special Lunch Wednesday 23rd March - watch out for the flyer coming home.

Sports Day Friday 8th April Volunteers needed please!!

Helen Jefferson CANTEEN MANAGER

JOEY'S JOURNAL Seasons for Growth



Change and loss are issues that affect all of us at some stage in our lives. At Hallett Cove East Primary School we recognise that when changes occur in families through death,

separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore offerina a very successful education program called Seasons for Growth. This program is facilitated in small groups and is based on research that highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

Seasons for Growth runs for nine weeks and each weekly session is 40-45 minutes. Later in the year each group will have the opportunity to meet for two further sessions to build on their earlier learning.

Seasons for Growth will commence in week 7 and will be facilitated by Joey Traeger who has received special training in the use of this program. If you think your son or daughter would benefit from Seasons for Growth we would encourage you to talk to him/her about participating in the program.

Hallett Cove East Primary School is pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved. If you require further information please contact Joey by phoning the Front Office, or sending her an email on

<u>Joey.Traeger704@schools.sa.edu.au</u>. For more information on the program you may visit www.goodgrief.org.au.

Joey, PASTORAL CARE WORKER

FINANCE NEWS OSHC / VacCare

OSHC/VacCare accounts can also be paid via our school website, please ensure you select the OSHC/VacCare link and process your payment via BPOINT. NEW to OSHC is an EFTPOS terminal, this facility which will enable the OSHC Directors and senior staff to provide you with the option to settle your accounts via the EFTPOS terminal at point of pickup and collection of your child/children.

SCHOOL

Those families who would like to apply for School Card for 2016 school fees please refer to the school website for the application form.

It has been great to see so many parents settling their accounts and utilising our direct debit instalment option available via our school website. We provide several payment options, cash, cheque, EFTPOS, a 24/7 BPOINT payment option via our school website. BPOINT replaces our previous payment system of Bizgate and we have direct debit payment plans options also via the website. Together with the options noted above we are NOW LAUNCHING Qkr. Please download and register your childs details on the App. Easy to follow instructions for download and registration follow in this newsletter.



Qkr! is now at Hallett Cove East Primary School

Android phones and tablets.

The new Qkr (pronounced 'quicker') app is now live for families of students at Hallett Cove East Primary School. Qkr by MasterCard is a secure payment app for schools and can be downloaded for free from Apple's app store for iPhones (iPads should download the iPhone app) or from Google Play for

After downloading the app and registering, simply select Hallett Cove East Primary School from 'Nearby Locations' on Qkr or type HCEPS after tapping the magnifying glass in the top right of the home screen of Qkr, and then the app will always recognise you as part of the school in future to make payments even easier.

You can order and pay for canteen lunches, uniforms, M&S Fees and more right now using Qkr, so why not download it today and take a look at our school on Qkr!

All feedback to the school office is very welcome.





UNIFORMS

School Uniforms must be PRE-ORDERED. Generally orders take approximately 6 weeks to be delivered, therefore we urge you to place orders **NOW** for winter stock. We hold minimal stock in the school administration office so please place your orders now! Uniform order forms are available on our website. Uniforms can also be ordered via our Qkr App.

CANTEEN

CANTEEN ORDERING MADE EASY. Place your child's/children's lunch orders via our new App. You can place orders up to 2 weeks in advance and pay via your preferred credit card. No longer do you need to complete the lunch order bag or find the correct change to pop in the lunch bag.

Qkr makes it so much easier for you to order the children's lunches. Orders must be submitted by 9.15am on the day you require the order to be delivered. PLEASE support our school canteen and place orders for your child's/children's lunches on our new no fuss app. We look forward to your support. Thank you!

Jenny McFadyen FINANCE OFFICER

COMMUNITY NEWS

Please see noticeboard for further information.

SOCCER REGISTRATION - forms are now available in the front office. U6 to Seniors teams available and forms must be in by 4th March so teams can be registered. Forms received after this date may not be able to be placed into a team. Games will start in Term 2.

Any questions please email heepsoccer2016@gmail.com.

Jenny Brown - SOCCER COORDINATOR

HELP ELIMINATE DOMESTIC VIOLENCE Trott Park
 Community Centre Luncheon on Saturday 27th of February
 from 1.00 to 3.00pm, hosted by Rima Haddad. Cost: Shoe
 box filled with hygiene items. Donations go to the local
 women's shelter. To book phone 0401 006 459.

FREE seminar — Toddlers and touch screens: what should I do?

Touchscreens have become part of our everyday world. Parents are amazed at how quickly toddlers become adept in using them and how easily they hold a child's attention. However, they are also unsure if it is safe for toddlers to use touchscreens regularly. Come and hear nationally recognised parenting speaker, author and researcher Dr Justin Coulson talk about:

- the pros and cons of the digital age for children 0 to 5 years
- how and when to introduce touchscreens and games
- how to manage electronic media use.

The event will be webcast to accommodate parents and carers who cannot attend in person.

Date and time: Tuesday 5 April, 7.00 to 9.00pm **Venue:** City Rooms, Adelaide Convention Centre, North Terrace

FREE seminar – Children, teens and pornography: what every parent should know

The online is filled with risks for children and families. Come and hear nationally recognised parenting speaker, author and researcher Dr Justin Coulson talk about:

- the alarming statistics regarding children's access to online pornography
- the impact on boys and girls
- how parents can guide their child or teen.

The event will be webcast to accommodate parents and carers who cannot attend in person.

Date and time: Wednesday 6 April, 7.00 to 9.00pm **Venue:** City Rooms, Adelaide Convention Centre, North Terrace

Register online for both seminars above at http://parentingsa.eventbrite.com.au to attend, or to view the webcast.

For more information, visit

http://www.decd.sa.gov.au/parentingsa/seminars.htm or phone Parenting SA on 8303 1660

Contact: Senior Health Promotion Officer, Parenting SA, <u>Dorian Marsland-Smith</u>, phone 8161 7159



PHYSICAL EDUCATION - RECEPTION TO YEAR 7 2016

All students at Hallett Cove East Primary School participate in one Physical Education lesson per week with the Specialist Teacher, Shona Trenouth.

Physical activity is essential to health and wellbeing throughout people's lives, it is a significant medium for individual, social and community development. Physical Education lessons aim to encourage and support the holistic development of our students through activities, games, skill improvement drills and sport. From discussions and explicit teaching students can gain better thinking skills and a more positive self image. The school values are discussed and encouraged in a variety of situations.

Reception - Yr 2

This program will focus on Gross Motor skills and Fundamental Motor Skills. Fundamental skills include the ability to consistently perform basic movements in a functionally competent manner. These skills form the basis upon which the more sophisticated movement skills of sport and other activities are developed. Some of the other aims include developing a healthy self-image, students feeling successful and improving the quality, speed and accuracy of motor skills.

Years 3-5

One of the resources that will be used in Physical Education lessons is

"The Bluearth Approach". Bluearth is a programme that helps to improve the health and well-being of the whole person- getting students to analyse their attitude to physical activity and how their actions can affect other people. The sessions provide meaningful experiences that contribute to lifelong habits.

Years 3-5 will participate in a wide range of sports and fitness activities. These sports may include Tennis, Athletics, Soccer, Volleyball, Basketball, European Handball and Rugby. These year levels will participate in SAPSASA Volleyball, Cross Country and Athletics.

Yrs 6 & 7

These classes will also experience Bluearth. They will also participate in a wide range of sports. These sports may include Tennis, Athletics, Soccer, Volleyball, Basketball, European Handball and Rugby. Students will be asked to reflect and modify their skills and performance at a higher level. They will also perform different roles including player, umpire and coach.

SAPSASA representatives are chosen mainly from this age group and these events include Cross Country, Athletics, Volleyball and Rugby. We also enter teams in the State SAPSASA Knockout competitions including Netball, Soccer and Cricket.

Science Year 5/6 & 6/7 classes

Each class will have one double lesson each week with Shona Trenouth. The new Australian Science Curriculum will be used to direct the learning experiences. The students will explore a broad range of science topics including "States of Matter", Separating Mixtures and solutions. Students will be following procedures to complete Investigations using "Fair Tests."

If there are any parents who have a Scientific Career and would be willing to speak to the students about their employment please let me know or leave a note at the front office. Thank you.

Shona Trenouth
PE/SCIENCE SPECIALIST TEACHER





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DATE	Monday March 7th 2016

7:00pm start TIME: **HCEPS** Pavilion **VENUE:**

PROGRAM:

7:00pm Performances by the students

Highlights of 2015 presented by the Student 7:10pm

Leadership Team

7:45pm Supper

7:50pm Brief meeting of the new Governing Council

The AGM is one of the most important dates on the school calendar as it is when we get to share our work and achievements from the previous year with families from our school community. We hope you can attend.

To assist us in organising catering, please complete the tear off slip below to indicate your attendance at the AGM. (Parents/Caregivers of students who are Student Leadership Team members or students presenting items will also receive separate information shortly.)

After the AGM, we will be holding our elections for Governing Council for 2016. This process will only take a short time. If you are interested in nominating, we would love to hear from you! Please complete the nomination form attached indicating your interest and return it to Anne Rathjen by Friday 4th March.

Please note that attendance at the AGM does not mean that you are expected to nominate for Council this is purely voluntary. Do not let this part of the proceedings put you off attending and

celebrating our achievements of 2015 with	n us.
ATTENDANCE AT THE HCEPS AC Name:	
Name of Eldest Child:	Class:
I / we will be attending the HCEPS A No. attending:	AGM on Monday March 7th.
Signed:	



Date:



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Nomination for Parent Membership Hallett Cove East Primary School Governing Council

When nominating for Governing Council you are nominating for a two year term. It is expected that Councillors will abide by the Governing Council Code of Practice and the Standing Orders. Councillors will also be expected to sign a Governing Council Agreement supporting these two documents.

If they have not already done so, Councillors are required to complete a Relevant History Screening – Child Related Employment ("Employment" meaning paid and unpaid work), for which the school will pay.

March 4 ["] .
Cove East
to you) from

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For quicker, hassle-free canteen and school payments, try *Qkr!* today





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- Reduces the need for your child to bring cash to school;
- Reduces the time school staff spend on administrative tasks



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on your Android phone or iPhone. iPad users can download iPhone app





Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Scan the QR code or search for our school name. Our school will also appear in "Locations Nearby" if you are within 4kms of the school

Step 4 Register your children

When first accessing your school menu, you will be prompted to register your child. This allows you to make school orders on their behalf.



Now you're ready to order and pay for meals and other items...



Manage your children's details







Order meals





Save time & re-order



Add multiple payment cards





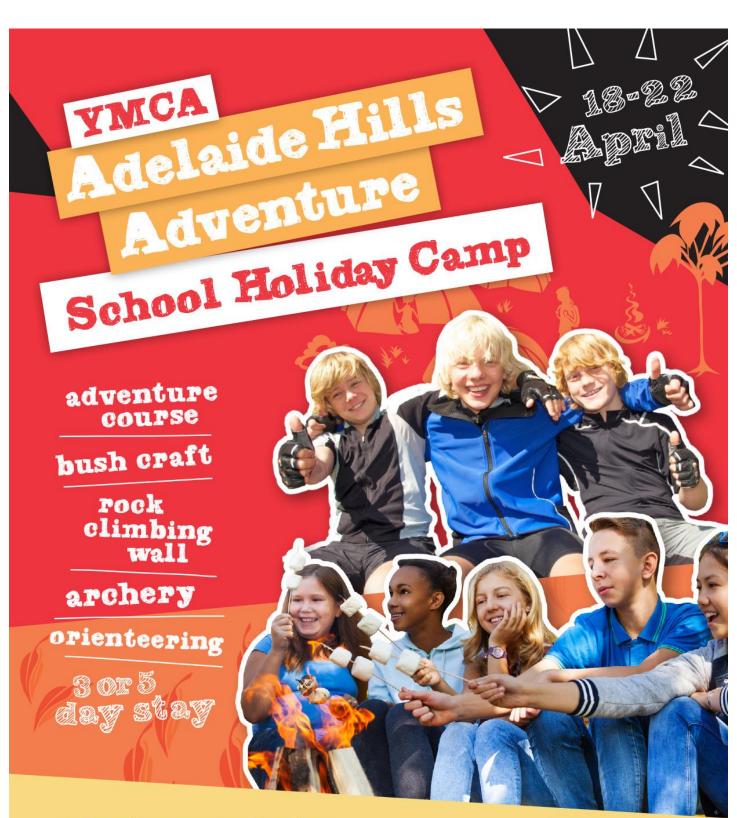
Pay with any scheme credit, debit or pre-paid card accepted by the school. At checkout, you can select from any of your registered cards.





Please send your comments or suggestions on how the Qkr! service could be improved to the school office.

Add up to five cards to your Qkr! account



Join us for a week of tenting, activities, food, friends & fun!

Learn new skills from our qualified and trusted instructors. YMCA transport is available.





Contact Anthony Bates **P: 8406 2900**

E: campingsa@ymca.org.au www.sa.ymca.org.au





School AFL Football





The Glenelg Football Club in association with the 3 Hallett Cove Schools are working to create Primary School Football teams in 2016. We are hoping to enter a Year 2/3 team, a Year 4/5 team and a Year 6/7 team. These games will be played on Saturday mornings. There are home and away games, with the home games and training sessions being held at the Hallett Cove R-12 School football oval.

We will be conducting an Information night for all interested players and parents at Hallett Cove R-12 school on Thursday 31st March at 6:00pm. If you are unable to make this meeting please send an e-mail to kris.kelly@hcs.sa.edu.au. The meeting will be held in the Music Room (Gledsdale road - top car park near the drop off). This year parents are expected to register their child online through fox sporting pulse. This process will be shown on the night. Parents are also expected to complete a registrtion form in hard copy for the school, as well as fill out a prent code of conduct. Each of these wll be given on the night.

If numbers are made, both players, coaches and managers, the first training will be held Monday 4th April at 3:20pm and will have guest players from the Port Adelaide to guide some activities.

Players will need to supply themselves boots, shorts, mouthgurd and drink bottle. Guernseys are provided. WE NEED YOUR HELP - Without parent involvement these teams cannot continue to go ahead. Any help will genuinly be appreciated. After all it's all for the kids! Yours Truly,

Kris Kelly Hallett Cove R-12

R-6 PE Teacher				
REGISTRATION OF INTEREST – AFL Please fill out details below and retu		to your class tea	acher ASAP .	
Name(player)				
School:	Teacher:		Year Level	
(parent/caregivers names) (Mum) _		(Dad))	
Phone:	Mobile	<u>:</u>	-	
Email				
Are you Interested in being a: (pleas	se tick)			
o Coach		 Manager 	r	