



NEWSLETTER - TERM 2 - 8TH JUNE 2016

DIARY DATES	
10/06/16	ASSEMBLY 9W & 8E
14/06/16	PUPIL FREE DAY H & PE
15/06/16	PETER COMBE PERFORMANCE CHOIR ASSESSMENT
01/07/16	ASSEMBLY 6W & 6AS

Dear Parents/Caregivers,

**DONT FORGET – PUPIL FREE DAY
TUESDAY 14TH JUNE.
IF YOU NEED CHILDCARE, PLEASE
CONTACT LISSY OR SALLY AT OSHC.**

HCEPS IS DEVELOPING POWERFUL LEARNERS

Following on from Bruce Norris' article about Re-Imagining Childhood in the last newsletter, I would like to introduce the concept of Powerful Learners. At our last pupil free day, the staff was led through a day to develop strategies to develop powerful learners. Last Monday and Tuesday I also attended a leaders' conference, with another staff member. Together we develop further strategies around this that also support several of our key focus areas in the school.

Key messages from these training events included:

- Powerful Learners are curious, have an open mind to learning, actively engage in new learning, enjoy challenges and take risks, question what they do, evaluate their learning and are resilient in the learning journey.
- **Productive failure and productive struggle** are essential for children to learn and understand their learning at a deep level. This is

why we develop the idea that it is okay and necessary to make mistakes and that it is important to use these mistakes to find better ways to tackle a problem. Powerful Learners have a toolkit that helps them approach a situation in a positive manner, using thinking, questioning, reasoning and slower/deeper thinking to keep working through until an outcome is reached. It means not giving up. This is the Productive Failure/Productive Struggle mindset.

- Developing **Resilience** is also essential for children to develop independence as they grow through their learning. This means that if things do not go their way or they make mistakes, they need to think with their Growth Mindset that this is okay and they can learn from this. This is the case both with both academic learning and social interactions with others.
- As parents we all want our children to feel safe and okay and want to protect them from fallout or consequences of choices. Basically we want to save them from the struggle, but this can actually hinder the learning process stop them from taking the responsibility they need to keep moving forward with their life learning journeys.

As a staff we are building these skills through having high expectations, increasing opportunities for dialogue, collaboration and rich questioning between

students to share their thinking, providing learning environments that allow for these processes, developing the culture that it is okay and necessary to take risks and make mistakes but also necessary to persevere to achieve the outcome they are working towards. We also support students by engaging them with questioning that fosters deep thinking to develop intellectual stretch, and, developing the common language needed to help embed this way of thinking in our students' learning.

As parents, how can you help? Children need to develop these skills through their academic and social learning themselves. Parents can support children by encouraging them to think carefully, slow down, take time, keep trying and take responsibility for how they go about their learning. Parents can acknowledge the effort that it takes to engage in this process and support them to persist. The ultimate prize is not necessarily that they have achieved the right answer, highest grades etc, but the level of thinking processes and the articulation of the learning they have undertaken along the way. We know that powerful learners undertake work that is effortful and often seen as hard but this inevitably builds the character traits students will need to gain work and be effective citizens in society in the future.

CONGRATULATIONS JOEY TRAEGER

As you know, we have been involved in seeking feedback regarding the work of Joey Traeger our Pastoral Care Worker. Thank you to those parents who provided feedback. Joey has now participated in a successful review which indicated overwhelming support from students, staff and parents for her work in the school.

DISCO THANKYOUS

Friday night's Disco was very successful with 200 students attending and having a wonderful time. This is a special thank you to Victoria Gorton, the Fundraising committee, volunteer parents and staff who made the evening great for children.



STAFFING NEWS

Welcome to Simon Reeves who is replacing Shona Trenouth and Dylan Phillips who is replacing Robyn Sumner for the remainder of the term.

FRIENDLY REMINDER REGARDING TIMELY PAYMENTS

This is just a friendly reminder that it is an expectation that payments for events and excursions such as SAPSASA etc are made by the closing date. Processing payments after these dates is challenging. I seek the cooperation of parents to make payments on time and thank you for doing so.

FOR YOUR DIARY

TERM 3 PUPIL FREE AND SCHOOL CLOSURE DAYS

Governing Council has approved and endorsed a **School Closure Day** for the Royal Adelaide Show on **Friday 2nd September**, and, endorsed a **Pupil Free Day** on **Friday 16th September**. The Pupil Free Day will be held in conjunction with all the schools in the Partnership and will be facilitated by Professor Martin Westwell. It will support our ongoing development of improving Numeracy skills. The OSHC will be open for those who need childcare on either or both these days, so please contact Lissy or Sally on 8381 7577 to book your child in.

Anne Rathjen
PRINCIPAL

CARE FOR CHILDREN IS ALWAYS AVAILABLE

Winter can be a busy time for emergency departments and it is important to consider if it really is an emergency. During the 2015 winter period, South Australian public hospitals saw nearly 1000 more presentations to emergency departments than the previous winter.

For minor illness or injury, there are a range of other care options to consider, including your local GP or pharmacy. Local health services, including information about after hours services, can be found through

the National health services directory at www.nhsd.com.au.

If it is an emergency, emergency care for children is available 24 hours a day, seven days a week. Some conditions that are not life-threatening for an adult can be more serious for babies and young children. In particular, young babies with fever need to be assessed by a doctor. In an emergency or life threatening situation, always call triple zero (000) for an ambulance.

For more information, including emergency department locations and information about other care options visit www.sahealth.sa.gov.au/careforchildren

Hi Hallett Cove East Primary School,



Welcome to the next edition of the Clothing Collection Donate & Educate News.

We are now almost half way through 2016, how the time flies. As we approach winter it is always a good time to do a clean-out of your summer clothes to make some room for the winter woollies.

We are excited to report new developments in our Donate & Educate program which has seen the organisation commence working with schools and workplaces while new participants have come on-board our Lost Property program. Diabetes SA acknowledges all our program participants who make such a valued contribution and help us make a positive difference to all people and their families living with diabetes in South Australia. Thank you for your support, it is greatly appreciated.

Scott Mates, Clothing Collection Manager

Bruce Norris
DEPUTY PRINCIPAL

READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website <http://www.readingrockets.org/>. This is a very useful site offering ideas to get children reading from a very young age.

You can also check out the Parent section of our website.

Play with Puppets

Play language games with puppets. Have the puppet say, "My name is Mark. I like words that rhyme with my name. Does park rhyme with Mark? Does ball rhyme with Mark?"

EARLY YEARS TEAM

FROM THE RESOURCE CENTRE

MONSTER BOOK FAIR

Wow!! What a success the Book Fair was this year. With the purchases made we received 35% worth of books which amounted to \$1,446.

A huge thank you to Kylie Barnes-Sparks, Jo Wigg, Tanya Oakes, Joanne Berry and Chris Ross for their help with the Book Fair. Also an enormous thank you to our Library Assistants, Analiese, Lara, Maryam and Zoe for their assistance in setting up and help during the Book Fair.

PARENT RESOURCES

We have books available for parents to borrow including two new titles:
Beyond Cyberbullying by Michael Carr-Gregg
Growing Great Kids by Father Chris Riley

BOOK CLUB

Issue 4 due Wednesday 22nd June

"Kids who read succeed!"

Thank you for your support,

Irene Bywaters
RESOURCE CENTRE OFFICER



FUNDRAISING NEWS JUNE 2016

SCHOOL DISCO

The school disco was a huge success, thank you to all the volunteers who helped make it a fantastic night for the children and to all the parents who supported this event. Thank you to Hallett Cove Bakery for donating so many yummy cupcakes, your support is greatly appreciated. Don't forget there will be another disco in September, date to be confirmed.

ELECTION DAY BBQ – 2ND JULY

We will need lots of volunteers, so if you are able to help please let us know even if it is just for an hour. We will have more information nearer the time. If you come to vote why not stay for an extra 20 - 30 minutes and help us out for a while? Many hands make light work!!

LADIES DAY

Plans are underway for our second Ladies Day. This was very successful last year so please support this event again. It is on Saturday 17th September from 2pm to 6pm. We will have lots of exciting stalls and a fantastic bonus gift that you will receive on the day when you purchase your ticket in advance.

UPCOMING EVENTS

School Disco in Term 3
 Election Day BBQ
 Fathers' Day Stall Term 3
 Ladies Day – Term 3
 More exciting events to be announced soon....

DATES FOR YOUR DIARY

2nd July – Election Day BBQ

31st August & 1st September – Father's Day Stall (the stall will be on the Wednesday & Thursday due to a school closure day on the Friday).

TBC – School Disco – due to a pupil free day on our proposed date we are going to have to reschedule

17th September – Ladies Day

If you would like to volunteer to help on any of the upcoming events this year, please contact Victoria Gorton on 0433 152 021 or vicgorton@gmail.com for more information.

THE FUNDRAISING COMMITTEE

CANTEEN

HANDMADE MEALS 'CLEAN FOOD'

As Canteen Manager I continually strive to improve the food on offer in the canteen. My vision is to offer a more healthy range of food which is prepared on site.

My Mission is to show that the Canteen is not just there as a weekly treat for children but to also help parents by offering home style foods every day making sure the kids get what they need.

Clean food means there are no artificial additives or preservatives used and the dishes are 'Handmade' just like the food kids like to eat at home. The Handmade range is not extensive, but a small number of items done well.

The new 2016 winter menu offers a small range of Handmade items following on from the success of our Handmade Pizzas.

Items include:

Butter Chicken & Rice
Soups & Garlic rolls
Anzac Cookies
Frozen Juices and Yoghurts
Banana Bread
Orange blender Muffins

Look out for our specials during the term using seasonal ingredients.

A day in the life of a Canteen Volunteer

Our school canteen is a place where the children can buy a freshly baked muffin or a frozen slushie spider. Order their house made pizza slice for a lunch treat or get their regular warm garlic roll. Helen, the manager and the smiling face of a volunteer, serves them happily.

As a volunteer you enter the back door of the canteen and are greeted with a "Good morning"/"Good afternoon", which ever you have chosen to help with. After donning an apron and washing your hands it's time for you to take on one of several jobs that make the canteen the success it is. There is slicing and garlic buttering rolls, setting up the counter with goodies ready to serve at recess or lunch. You may like to help make the chicken salad wraps or put the sausages on the stove for the hot dogs. Helen is always there to answer the many questions of the volunteer. You would then be part of packing the lunch orders into the class lunch tubs and sending them off with the children whose job it is to collect them. You might like to help serve at the counter during the lunch time break, then after the doors are closed a sweep of the floor a bit of washing up and you are now a volunteer.

Of course any time you can give is a welcome help. You are able to pop in when you can, commit to a particular day and time per week or fortnight, help on 'special lunch' days the choice to help is yours.

All you need to do is let the office know you are interested, pass on your details or go into the canteen and speak directly to Helen between 9.30 and 1.30 any day.

Helen Jefferson
CANTEEN MANAGER

JOEY'S JOURNAL



There's so much sickness going around at the moment, and it all started before we even reached Winter. Staff, students, parents

and families are battling to feel better. It is so easy to feel miserable when we are less than 100%. But it doesn't have to be this way, many studies show that the brighter your mood the faster you mend. Remember: your body is sick, not your brain, so try and keep it that way. Think positively!

Make your environment positive.

Make sure to toss your used tissues out rather than letting them pile up for days. Shower each day; lots of people enjoy a warm shower normally, so why wouldn't we still appreciate a shower when we're sick? The skin's cells actually release little endorphins upon contact with warm liquid. As an added bonus the steam usually helps to clear out your sinuses. Change your pyjamas or trackies regularly, you might trick yourself into believing that you are just on holidays rather than sick.

Choose positive entertainment.

Treat your time at home like a holiday where you have the opportunity to do the things that you usually can't justify; watch game shows on TV, read that book that has been sitting waiting for you for months. Try to choose a comedy or something that always makes you feel happy. When we're sick we are already vulnerable to undesirable emotions, so why encourage them by watching a tear-jerker?

Drink plenty of water. It is easier to become dehydrated and suffer headaches when we are already sick, so drinking plenty of water can stop our symptoms from getting worse. All the water helps to flush out our bodies and promote healing. I set little goals for myself, for example, drink 4 glasses of water before midday.

This helps me to feel positive because even if I can't complete my regular tasks I am still capable of meeting small goals.

Accept help. This one can be tricky to do. I prefer the way I do the washing to the way my husband does it, but when I'm sick I just need to accept the offer and appreciate the rest I get instead. If someone offers to make you soup or drive the kids to school, smile and say thank you. People who offer to help usually genuinely care and are excited to have the opportunity to show it.

Joey,
PASTORAL CARE WORKER
at HCEPS on Mondays and Tuesdays
Joey.Traeger704@schools.sa.edu.au

COMMUNITY NEWS

Please see noticeboard for further information.

- **COME 'N TRY** - an initiative of the Adelaide City Council, presented by Life. Be in it. The program seeks to encourage 5 to 16 year olds to get active and try a fun and exciting new sport or recreational activity in the holidays! It will take place during the first week of the July School holidays (11/07/2016 – 15/07/2016).

The Come 'n Try sessions are held in the Adelaide CBD and parklands. All information can be found at www.comentry.com.au



Come 'n Try

Winter Holiday Fun

GOOD NEIGHBOURS

Friday 15th July 9.30am-12.30pm

GAMES SKIT

MORNING TEA CRAFT

For Children Aged 4-12 yrs
Hallett Cove Uniting Church 18-20 Zwerner Dr. Hallett Cove
For catering and planning purposes please register your children and ages
To 83221702 or via our website www.hcuc.org.au
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GIFT Dance at Mitcham

The GIFT Dance Program at Mitcham Girls High School offers girls the opportunity to develop their skills and passion for dance performance. Students develop creative, technical and physical understanding and an appreciation of dance as an art form.

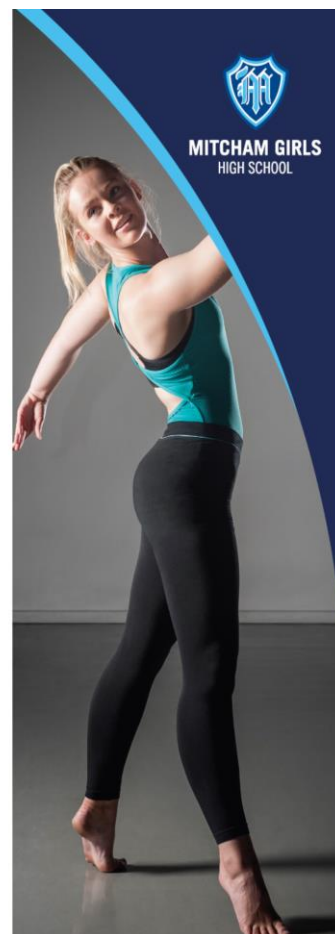
With intensive and skilful coaching students become successful performers. Our GIFT dance teacher is recognised as a leader in Dance Education. She has had professional experience with teaching expertise in ballet, contemporary dance and jazz dance technique, including choreography for musical theatre productions and national choirs. She has also played a significant role in the development of the SACE Dance curriculum and the management of Dance assessment in South Australia.

For those of you who love dance and want to share and develop your gift, GIFT Dance at Mitcham Girls High School is for you.

Audition date: Monday 4th July 2016, 11.30am

Please register your interest at www.mitchamgirlshs.sa.edu.au

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CANTEEN ROSTER FOR TERM 2 - 2016

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 6 06/6/16 10/6/16	Recess	Anita King		Elda Araiza	Cathy Zenkteler	Linda Batten
	Lunch					Bee Robertson
Week 7 13/6/16 17/6/16	Recess	PUBLIC		Kylie Barnes-Sparks	Cathy Zenkteler	Linda Batten
	Lunch	HOLIDAY				Bee Robertson
Week 8 20/6/16 24/6/16	Recess			Elda Araiza	Cathy Zenkteler	Linda Batten
	Lunch					Bee Robertson
Week 9 27/6/16 01/7/16	Recess	Annie Booth		Kylie Barnes-Sparks	Cathy Zenkteler	Linda Batten
	Lunch					Bee Robertson
Week 10 04/7/16 08/7/16	Recess	Anita King		Elda Araiza	Cathy Zenkteler	Linda Batten
	Lunch					

