



NEWSLETTER - TERM 3 - 3rd AUGUST 2016

DIARY DATES

05/08/16	JEANS FOR GENES DAY
09/08/16	SPLASH THEATRE
12/08/16	ASSEMBLY 6AN & 6E
15/08/16	GOVERNING COUNCIL
18/08/16	SCHOOL PHOTOGRAPHS
19/08/16	JAPANESE MOMOTARO THE PEACH BOY PERFORMANCE
22/08/16	BOOK WEEK BEGINS
26/08/16	WAKAKIRRI
02/09/16	SCHOOL CLOSURE DAY
16/09/16	PUPIL FREE DAY
17/09/16	FESTIVAL OF MUSIC (CHOIR)

Dear Parents/Caregivers,

NAPLAN ONLINE

As reported in the last newsletter, in Weeks 4 and 5, students in Years 3, 5 and 7 will be participating in the platform trial for NAPLAN Online. All schools across SA are participating in this process. The aim of the trial is to test the IT capability of both the school and the state to be able to conduct these tests issue-free from 2017. While students are undertaking a form of NAPLAN testing, it is the IT capability that is the focus, not whether students can actually do the test itself. It is therefore important to have all students participate in the tests to push the IT capability of the school to the highest level. As the data for the testing itself is not being collected through the trial, no student reports will be received by parents or the school. If you have any queries regarding this process, please do not hesitate to contact me.

GROWING WITH GRATITUDE

Last Friday, we had a visit from the Crows education group who delivered a presentation to all students about "Growing with Gratitude". This concept is based on 5

key things to help us be happy. These included: An **Attitude of Gratitude, Random Acts of Kindness, Positive Reflection, Being a Wellbeing Warrior and Operation Home Services.**

There was a fun quiz, student involvement in the presentation and a visit from the mascot Claude. All students also received a booklet to help them remember the 5 keys to happiness. After recess, the presentation group worked further with our early years classes developing football skills. The "Growing with Gratitude" program fits very well with our whole school focus on KidsMatter and Wellbeing.

ATTENDANCE

Generally the attendance at Hallett Cove East Primary School is very good and most students are on time for and at school every day.

The following are some friendly reminders for families:

- Please contact the school if your child will be absent due to illness or unavoidable family issues
- Please contact the school or sign your child in through the front desk yourself if she or he will be late. We have a number of students arriving late without a reason or a parent escort. Students who are late must sign in through the front office. Anyone without a parent identified reason will be marked as late / unexplained.

The schools Attendance Policy and Brochure can be found on the website. Thank you to all families who follow our policy.

STAFFING NEWS

Welcome to Sonia Gallagher who is teaching early years and some primary years classes PE on Tuesdays and Thursdays. Sonia is working with Nick Marks to deliver the PE/Science/SAPSASA programs while Shona Trenouth is on leave.

Thank you to Sarah Clews who has worked in 7W on Mon-Wed in the first 2 weeks. Rachel Niumeitolu will return from leave next week.

Lissy Oppert is currently working with some students in classroom and literacy support while Irene Bywaters is on leave.

The school's Personnel Advisory Committee is currently organising the process to choose a new Groundsperson.

It is expected that this position will eventually be advertised on the SA Government Notice of Vacancies website and likely to be open to current employees.

Some of you who have been with HCEPS for many years may remember that when I commenced as Principal here, the tenure was for 7 years. This is my final year of that tenure. Last term a vacancy application process was conducted to fill the Principal's position for the next tenure commencing in January 2017. I was recently notified that I had been successful in winning the position again. I am very privileged to work in a school with wonderful students, staff and families and look forward to continuing working together with you and the staff to provide the best education for your children.

STUDENT FUNDRAISING

On the last Friday of Term 2, students were allowed to wear crazy clothes/hair for a casual day and pay a gold coin to participate to raise funds for the Animal Welfare League. Thank you to the school community, for a wonderful effort in helping us raise \$406.50. This has now been forwarded to the League.

This Friday is Jeans for Genes Day. Students can wear jeans or a denim jacket to school and bring a gold coin donation to participate. These funds will go to the

Children's Medical Research Institute which researches into cures for childhood illnesses and genetic disorders. I encourage all students to participate and thank you in advance for supporting us.

COMING EVENTS

PUPIL FREE DAYS (PFD) AND SCHOOL CLOSURE DAY

TERM 3 Friday September 2nd:

SCHOOL CLOSURE DAY – SHOW DAY

TERM 3 PFD Friday September 16th: Partnership Numeracy T&D facilitated by Professor Martin Westwell

TERM 4 PFD TBA: Australian Curriculum moderation

The OSHC will be open on these days. If you need childcare please contact Lissy or Sally to book in.

ARTS EVENTS

WAKAKIRRI: Friday August 26th

FESTIVAL OF MUSIC (Choir): Saturday September 17th

Anne Rathjen
PRINCIPAL

READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website <http://www.readingrockets.org/>. This is a very useful site offering ideas to get children reading from a very young age.

You can also check out the Parent section of our website.

Play sound games

Practice blending sounds into words. Ask "Can you guess what this work is? m-o-p." Hold each sound longer than normal.

EARLY YEARS TEAM

PHOTOS COMING SOON

School Photos will be taken at our school on **Thursday 18th August**.

Parents can send the money to the school in the envelope supplied however **On-Line Ordering**, where parents are able to select their preferred package online makes it much easier for our parent community.

In 2016 the range of options available to you online has increased. As well as the option to download a Low Resolution image for a smart-phone, parents will have the option to purchase a **High Resolution Digital Download** of their child's image and *Family/Sibling packages will also be able to be ordered online!*

An added incentive for our families is that MSP now offers a 10% discount for all family orders above \$90.00 a family.

Parents who order family photos online are asked to confirm with the school that they wish to have their family members photographed.

ADELAIDE CROWS – GROWING WITH GRATITUDE

On Friday 29th July we were lucky enough to have some representatives from the Adelaide Crows come to our school. They ran their 'Growing with Gratitude' program where we learnt to be thankful, healthy and helpful. Some of our students answered a quiz question and won some great prizes. After recess our Junior Primary classes had an amazing time running around on the oval and learning some footy skills. Thanks to all staff and students for being involved and having a great time.

Nick Marks
PE TEACHER



JOEY'S JOURNAL

Supporting young people involved in or experiencing bullying

What bullying is not:

- single episodes of social rejection or dislike
- single episode acts of nastiness or spite
- random acts of aggression or intimidation
- mutual arguments, disagreements or fights.

These actions can cause great distress. However, they're not examples of bullying unless someone is deliberately and repeatedly doing them. In these instances, support and encourage your child to make sure they do not become repeated events.

The following is an excerpt from an article by Headspace

Bullying is **repeated** verbal, physical, or social behaviour directed towards another person by one or more individuals over time. Typically, this involves one person or a group of people exerting their power over others who are less powerful. For example, the bully may be stronger, have others to "back them up" or they may be socially manipulative.

Family and friends can play a critical role in supporting young people involved in or experiencing bullying. Positive relationships can help protect young people from the negative consequences associated with being bullied.

Young people who are well supported by their parents report fewer depressive symptoms than those who receive little parental support, regardless of whether they are the ones bullying or are the target.

Ways you can support a young person who is experiencing bullying:

- *Let them know that they are not alone.* It may help them to know that a lot of other young people experience similar difficulties.
- *Make sure they are safe.* Sometimes this may require taking action they are not happy with. Have a conversation with them if this might be the case.
- *Try to develop a trusting relationship and ask questions.* Make sure the young person does not have to handle this situation by themselves.
- *Establish and maintain good communication.* Ask open-ended questions and listen without judgment and without panicking.
- *Be involved.* Show that you are interested in the young person's life, relationships and hobbies.
- *Be prepared to seek help.* Help them decide how to approach the situation. Discuss who they could talk to at school about the situation.
- *Provide reassurance.* Emphasise that the bullying is not their fault and that they are not responsible for what is happening to them.
- *Support them to problem-solve.* Work together to come up with as many sensible and helpful strategies as possible to try and control the bullying. This can increase self-esteem and discourage strategies that are unlikely to be helpful (e.g. starting a fight).
- *Support them to make new friends and maintain existing friendships.* Encourage them to spend time with others away from where the bullying is happening.
- *Build their confidence.* Identify their strengths as well as things they enjoy and find ways to develop these, especially social activities.

This can help them to feel good about things in their lives.

Joey,
PASTORAL CARE WORKER
at HCEPS on Mondays and Tuesdays

Joey.Traeger704@schools.sa.edu.au

EPIK Kids

(Encouraging Potential - Inspiring Kids)
Social Skills & Activities for kids aged 8-16
years



- Learn ukulele
- Learn to juggle
- Lego and board games
- Outdoor and team building activities
- Developing social awareness
- Relationship building and community discussions

Program focus

EPIK KIDS is an interactive group program to help kids to develop self-confidence, new skills and learn how understand themselves and others in a fun environment. Participants will be challenged in an 8 week program held on Wednesdays in Term 3 and 4 of the school term at Walkerville from 5.00pm to 6.30pm. The class size is limited to 6 participants.

For further information please contact Tim or Carey or visit tdpsych@bigpond.com

Tim Dansie: ph 08 8269 1818 mob 0403 161 386 or email timdansie@bigpond.com
Carey Simms: mob 0417 819 241
 email socialawareness@adam.com.au



Wednesday 17th August 2016

Mexican Special Lunch

The Canteen is having a Mexican Special Lunch on Wednesday 17th August 2016

If you would like to place an order please fill in the slip below and **return** with the correct money TO THE FINANCE OFFICE **no later than Monday 15th August** or place your order via the Qkr! app. We require one order form per child and **no other lunch orders will be available on that day**. Please remember to include your full name and house number.

We would also be delighted to have parents/grandparents/caregivers who may have a spare hour or so on the day to assist with preparation and serving. Many hands make light work!



Mexican Special Lunch

Wednesday 17 August 2016

Name: _____ House No: _____

Your special Lunch at a cost of \$ 6-50 will contain:

Nachos with Beef Salsa and Cheese

Churros with a chocolate dip

(Name).....is happy to volunteer



YOUR MOMENT TO MAKE A DIFFERENCE



2016 Census

Pause Partner Pack

August 9 is Census night. It's important that every household completes the Census to get an accurate snapshot of Australia today, to help shape our nation's education, health, transport and infrastructure tomorrow.

The 2016 Census **Pause Partner Pack** contains suggestions on how you can get involved by spreading the word about the 2016 Census.

[Click here](#) to download.

Thank you for your support.



AUDITIONS

Contact Seaview High School today for information on entry into our specialist dance program.
Auditions in Term 3, 2016

Phone: 08 83778000

Email: alice.jenkins805@schools.sa.edu.au
kristen.threadgold177@schools.sa.edu.au

Certificate II in Dance Performance is a nationally recognised qualification.
Study and learn from our trained teachers with expertise in:
Ballet, Tap, Contemporary, Jazz, Hip Hop and Musical Theatre

Earn SACE points by doing what you LOVE and
be part of our growing dance community.

