



## NEWSLETTER - TERM 3 - 31<sup>st</sup> AUGUST 2016

### DIARY DATES

31/08/16	SAPSASA VOLLEYBALL
02/09/16	SCHOOL CLOSURE DAY
07/09/16	SAPSASA ATHLETICS
09/09/16	SCHOOL DISCO R-7
16/09/16	PUPIL FREE DAY
17/9/16	FESTIVAL OF MUSIC CHOIR PERFORMANCE

Dear Parents/Caregivers,

**DON'T FORGET THERE IS A  
SCHOOL CLOSURE DAY  
THIS COMING FRIDAY  
SEPTEMBER 2<sup>nd</sup>.**

### HATS AND OTHER UNIFORM MATTERS

As we are now coming into September, it is time for students to begin wearing their hats outside at all times again. This will start properly from next week, although teachers have started reminding students already this week.

While most students follow the uniform expectations very well we are increasingly seeing a number of girls wearing black leggings. We ask that students please wear approved grey uniform for leg warmth. Black leggings are not approved uniform. We are also noticing nail polish and jewellery that is more than just a medic alert item, watch or stud/sleeper earrings. Again we seek your support to ensure your child wears all uniform items that are recommended and approved by Governing Council.

### THANK YOU TO VOLUNTEERS

I would like to sincerely thank the volunteers who have offered to work in the grounds while we are in the process of organising the vacancy selection process

for a new Groundsperson. Your support and understanding is greatly appreciated.

In particular I would like to acknowledge Gary Kupke who has committed 2 hours per week to grounds maintenance until a new person commences. Thank you Gary.

### WAKAKIRRI

Congratulations to the students who participated in Wakakirri last Friday night. Not only was their performance in the evening excellent, they were also wonderful ambassadors throughout the rehearsal and performance in spite of a very long day. Thank you to the whole troupe, you have done us proud!! This is a special thank you also to Evie Donoghue and Soma Govender for training the troupe.

*We just heard this afternoon that our troupe has received 4 performance awards (cast/ensemble, characterisation, combination of dancing/acting, and concept) and a best social media story award which means they are in the running for "Story of the year nomination" For SA. Congratulations!*

### NAPLAN

This is just a reminder that parents of Years 3, 5 and 7 students are asked to collect their child's NAPLAN report from the office.

During the last two weeks these students also participated in the trial for NAPLAN Online. While there were a few minor technology hiccups, in general the platform was quite easy to use and students indicated that they enjoyed doing the activities in this form.

## COMING EVENTS

### PUPIL FREE DAYS (PFD) AND SCHOOL CLOSURE DAY

**TERM 3** Friday September 2nd:  
**SCHOOL CLOSURE DAY – SHOW DAY**

**TERM 3** PFD Friday September 16th:  
Partnership Numeracy T&D  
facilitated by Professor Martin  
Westwell

**TERM 4** PFD TBA: Australian  
Curriculum moderation

The OSHC will be open on these days. If you need childcare please contact Lissy or Sally to book in.

## ARTS EVENTS

**FESTIVAL OF MUSIC (Choir):**  
Saturday September 17th

*Anne Rathjen*  
**PRINCIPAL**

## RECYCLING

Our class has been learning about recycling and looking after the environment. We had a special guest from Marion Council come in to talk to us about what we can do. In week 3, we did a rubbish audit where we looked at and graphed the rubbish in bins at our school. We found lots of uneaten food like whole sandwiches in zip lock bags and yummy treats not even opened. We find it very disappointing that so much food has been wasted. Can you please discuss this with your child and remind them to bring uneaten food home again.

**Kiana and Megan on behalf of 5W**



## READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website <http://www.readingrockets.org/>. This is a very useful site offering ideas to get children reading from a very young age. *You can also check out the Parent section of our website.*

### Talk about letters and sounds

Help your child learn the names of the letters and the sounds the letters make. Turn it into a game! "I'm thinking of a letter and it makes the sound mmmmmm."

## EARLY YEARS TEAM

### FUNDRAISING NEWS AUGUST 2016

**LADIES DAY - please note this event is for adults only**

Our second Ladies Day is almost here, we have got some wonderful stalls booked in for this year. It is on Saturday 17<sup>th</sup> September from 2pm to 6pm. There will be a fantastic bonus gift that you will receive on the day when you purchase your ticket in advance. We are currently looking for any donations towards our raffle and silent auction so if you can help that would be greatly appreciated. We are also after some strong and willing volunteers to help with setting up the tables and then clearing them away. **TICKETS ARE ON SALE NOW!!**

### SCHOOL DISCO

This will be a whole school event again and will run from 6pm until 7.30pm. It is going to be a **parent free zone** unless you are a designated volunteer. Following feedback from the last disco it was incredibly difficult for teachers and volunteers to supervise the children. We hope you understand, as it is for the safety of the children. Tickets are now on sale via the Qkr app or from the front office.

### HALLETT COVE BAKERY

Don't forget to place your order with Hallett Cove Bakery for our bakery drive. You can order via the Qkr app or complete

the form that has been sent home and return to the front office with the money. Don't forget the school will receive 20% from all orders placed and we will be supporting a wonderful local company. Also look out for the monthly offer at the end of Fundraising News, all you have to do is mention the school to the bakery and they will give you the discount on your order. Fantastic!!

### *Upcoming Events*

**School Disco in Term 3**  
**Fathers' Day Stall Term 3**  
**Ladies Day – Term 3**  
**Hallett Cove Bakery Drive – Term 3**  
**Christmas Stall – T4 (more info soon)**

### **DATES FOR YOUR DIARY**

**31<sup>st</sup> August & 1<sup>st</sup> September** – Father's Day Stall (on the Wednesday & Thursday due to a school closure day on the Friday)  
**9<sup>th</sup> September** – School Disco  
**17<sup>th</sup> September** – Ladies Day  
**23<sup>rd</sup> September** – Bakery Order cut off date  
**29<sup>th</sup> September** – Bakery Collection date  
**8<sup>th</sup> & 9<sup>th</sup> December** – Christmas Stall



If you would like to volunteer to help on any of the upcoming events this year, please contact:

Victoria Gorton on 0433 152 021 or [vicgorton@gmail.com](mailto:vicgorton@gmail.com) for more information.

### **THE FUNDRAISING COMMITTEE**



### **JOEY'S JOURNAL**

### *Helping Solve Problems*

I find it really uncomfortable to watch someone experience a problem without helping. And I know that there are plenty of other people like me. We have a natural desire to rush in like a superhero and fix the problem.

The problem with this is that we can treat the people we are helping as though they are helpless in the face of trouble. Usually we can better help by teaching the skills necessary for a child to help themselves. (Of course there are times when an adult needs to step in.)

When a child tells you they have a problem it is a good idea to take the time to ask some questions:

- 'What have you tried to fix your problem?'
- 'What can you do to help fix your problem?'
- 'What do you think that I could do to help you?'

Asking questions slows us down and stops us from rushing in and taking over. It also empowers the other person by showing that you believe there are things that they are capable of doing without you. It also encourages them to try something themselves the next time they have a problem, before they ask for help.

Praise a child for their efforts to problem solve, especially when you witness them solving a problem without any adult involvement. Look for teachable moments in everyday life, and talk about them.

Learning to solve problems effectively is a long process. Adults are by no means experts, we keep learning as we face new problems and conflicts in our own lives.

Therefore, there are always new things that we can teach to others.

The Kids Matter information sheet '*Helping Resolve Conflict: Suggestions for families*' has been included at the end of the newsletter to help you with some more ideas.

**Joey,**  
**PASTORAL CARE WORKER**  
**at HCEPS on Mondays and Tuesdays**  
[Joey.Traeger704@schools.sa.edu.au](mailto:Joey.Traeger704@schools.sa.edu.au)

### ENTERTAINMENT BOOKS

We *only* have 9 Entertainment Books left for sale.

At \$65 each, please call in and visit Henry in our Finance office to purchase.

Hurry in to avoid disappointment.

### UNIFORMS

School Uniforms must be PRE-ORDERED.

Generally orders take approximately 6 weeks to be delivered, therefore we urge you to place orders **NOW** for Summer stock. We hold minimal stock in the school administration office so please place your orders now! Uniform order forms are available on our website.

Uniforms can also be ordered via our Qkr App.

## FATHER'S DAY



## GIFT STALL

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**WED 31<sup>st</sup> AUGUST &  
THURS 1<sup>st</sup> SEPTEMBER**

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*A range of Gifts for Dads  
and Grandads*  
**Everything \$5.00**



Hallett Cove East Primary School  
Presents.....



**Friday 9<sup>th</sup> September**  
Reception – Year 7  
6pm – 7.30pm

Parents to drop off and pick up children from inside the Pavilion.

Available To Buy  
Pop Tops \$1.50, Packets of Chips 50c,  
Bags of Lollies \$1, Cupcakes \$1  
Also Glow Sticks \$2

**Tickets \$5 each**

Available from the office up to Friday 9<sup>th</sup> September  
Or for one week only on the Qkr app up to Friday 2<sup>nd</sup> September.

**DON'T FORGET THE DISCO IS A PARENT FREE ZONE**







ASCOT PARK PRIMARY  
SPECIALIST  
PHYSICAL EDUCATION  
and SPORT SCHOOL



**SPECIALIST NETBALL, SOCCER AND  
GYMNASTICS PROGRAMME**  
**INFORMATION AND REGISTRATION NIGHT**  
**Wednesday 21st September 4-4:30pm**  
**(ALL STUDENTS & PARENT TO ATTEND)**  
**TRIALS**

- .Wednesday 21st September 4:30-6pm**
- .Sunday 25th September 9-11am**
- .Wednesday 28th September 4-5:30pm** (Excluding Gymnastics)  
**Students in year 3-7 in 2017**

Attendance must be submitted by **Monday 19th Sept.**

Register via the school website.

Details on website: [www.ascotpkps.sa.edu.au](http://www.ascotpkps.sa.edu.au)

***Further information email: [Hannah.long840@schools.sa.edu](mailto:Hannah.long840@schools.sa.edu)***

# Helping resolve conflict: Suggestions for families

## **The skills needed for resolving conflict effectively are complex**

They involve managing feelings, understanding others, communicating effectively, developing options and making decisions. Parents and carers play an important role in helping children resolve conflicts. You can also play a critical role in establishing positive guidance that teaches children the skills needed to resolve conflicts effectively.



# How you can guide children's conflict resolution

## Set the scene for cooperation

Show how to cooperate and respect others through your own approach. Ask children to help solve the conflict and express confidence that they can work it out cooperatively. It is very important that children approach the conflict in a positive way, and believe that they can work together to solve it.

## Help children handle emotions

Children may need encouragement and help to stay cool in a conflict – especially if they feel they are being accused or blamed. They may feel anxious and need support to stay calm if they feel intimidated. In conflicts that are particularly heated, children may need to have time away from each other to cool down before going on to work out ways of resolving the conflict. Taking time to calm down can help children overcome the tendency to react aggressively or withdraw from the situation.

## Encourage empathy and respect for others

Teach children to listen to and understand the needs and concerns of the other person. Help them to ask why the other person wants something and consider what it might be like to be 'in their shoes'. Learning to understand the other person's perspective is a critical foundation for conflict resolution and for building positive relationships.

## Practise communication skills

Effective conflict resolution relies on clear communication of feelings and wants. This can be especially difficult when under pressure in a conflict. Learning to speak clearly and respectfully takes practice. You can help children practise what to say to initiate conflict resolution, for example: "If we talk about this, I'm sure we can sort it out." Practising assertive ways for children to express their wants and concerns is also particularly helpful, for example: "I want you to ask before using my things."

## Encourage creative solutions

In conflicts people often get stuck in their own positions and can't see other options. This is why it is so important to get creativity going when thinking of possible solutions. The brainstorming rule, that no-one is allowed to say that something won't work, is intended to help with getting creative. Steer children back to the point if necessary, but leave evaluation of the ideas they come up with for later. It's okay for adults to help children think of alternative solutions if it helps them to get creative.

## When enough is enough

Some conflicts are too big for children to work out. Sometimes children are not ready to sort them out and the conflict continues to escalate. If children's conflicts become very intense or lead to physical aggression, then it is important for an adult to step in. When a mutual solution is not possible you can still help your child to think through the alternatives that are available to him or her and choose the best one.

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This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)



Australian Government  
Department of Health and Ageing



Principals  
Australia  
Institute  
*Learning. Leading.*