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### **NEWSLETTER - TERM 3 - 14<sup>th</sup> SEPTEMBER 2016**

DIARY DATES			
16/09/16	PUPIL FREE DAY		
17/9/16	FESTIVAL OF MUSIC CHOIR PERFORMANCE		

Dear Parents/Caregivers,

DON'T FORGET THERE IS A PUPIL FREE DAY THIS COMING FRIDAY SEPTEMBER 16th. CHILD CARE IS AVAILABLE THROUGH OSHC. PLEASE CONTACT SALLY OR LISSY TO BOOK IN.

#### **DISCO**

A very big thank you to the fundraising committee led by Victoria Gorton, for organising another wonderful Disco on Friday night.

I would like say a big thank to parents for supporting the Parent Free Zone at the disco. Most schools always hold discoes in this manner. It had become increasingly difficult to ensure safety of students with the number of parents attending in previous events and Friday night's disco was excellent.

### FESTIVAL OF MUSIC CHOIR PERFORMANCE

Good luck to all our senior choristers as they prepare for, rehearse and perform at the Festival of Music Performance this Saturday night. Students have worked together since early in Term 1 and I would like to acknowledge the commitment and persistence the performers have shown in preparation for the event. Thank you to Evie Donoghue for her work with the Choir.

### **SPORTS AND SAPSASA EVENTS**

We have recently had students participate in a number of SAPSASA events. These include Volleyball, Athletics, AFL football and Soccer. Well done to students who have competed in competitions and to Nick Marks (with assistance from Bruce Norris) who has trained the teams.

#### **STAFFING NEWS**

Congratulations to Soma Govender who has won the permanent primary teaching vacancy commencing in 2017.

### **INFLUENZA A**

We recently had a student diagnosed with Influenza A. For further information please visit the SA Health website on www.sahealth.sa.gov.au

### TWO CONCERNS FROM GOVERNING COUNCIL

At Governing Council meeting this week, there was a long discussion about two issues.

The first is unsafe/illegal driving and parking behaviours displayed by some parents around the school at after school pick up time. Please note the following expectations of all parents when dropping and picking up students before and after school:

- The entrance to the drop off zone is to be kept unobstructed at all times both at the staff carpark entrance and the main gate entrance. If this means there is a lineup back towards the staff entrance from the drop zone, please find a place to park in a non-signed area in the street to park.
- If you are lined up for the drop off zone, students must be collected within the zone, not be encouraged to walk through cars to get to parents in the line up.

- The area in front of the double gates next to House 10 on Forrester Rd is a No Standing area
- All driveways of local residents' homes are to be left unobstructed.
- Large vehicles such as delivery vans and small trucks are NOT allowed in the drop off zone as student vision of traffic is significantly impaired. Please park large vehicles in the non-signed areas in the street.
- Drivers must observe the parking and lined restrictions in Coorabie Crescent.
   This includes **not** parking in front of the white fence or the child crossing.
- Drivers must stay in vehicles when in the drop off zone.

Thank you to most parents for doing the right thing to help keep students safe. I ask all parents to please ensure your driving and parking practices in the school zones are legal and safe.

The second issue discussed at the meeting was to do with non-school children playing in the plots in the garden hub.

It has been observed that parents of preschool/toddler age children waiting to collect older children after school are repeatedly allowing their children to play in the garden hub between the COLAs. This behaviour has actually resulted in one class garden being fully destroyed and plants removed. Please note that the garden is out of bounds except under direction of staff and is only available to school students during the school day and OSHC children with OSHC Educators. Whether a garden looks like it has weeds or not, is a matter for the particular class to manage. Please respect the work children are doing in their gardens by supervising young children appropriately at all times. Thank you.

PLEASE ALSO REMEMBER THAT THE PLAYGROUNDS ARE OUT OF BOUNDS BEFORE AND AFTER SCHOOL.

TERM 4

COMING EVENTS

**PFD TBA**: Australian Curriculum moderation

Anne Rathjen PRINCIPAL

### EMERGENCY FOSTER CARERS NEEDED

Foster care agencies are currently seeking emergency and short term foster carers. What is emergency foster care?

Sometimes children need urgent placement with a foster carer because there are concerns for the child's immediate safety. These placements can occur any time, day or night, including after hours and on weekends.

'Emergency' does not mean you start today. All foster carers receive thorough training and assessment to ensure the children placed with you are safe and that you have the skills needed to provide quality care.

For more information, visit the <u>Families SA</u> website.

**Contact:** Program Officer, Foster Care Services, Maria Krahling, phone 8226 6617

### **READING CORNER**

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website <a href="http://www.readingrockets.org/">http://www.readingrockets.org/</a>. This is a very useful site offering ideas to get children reading from a very young age. You can also check out the Parent section of our website.

### Don't leave home without

Bring along a book or magazine any time your child has to wait, such as at a doctor's office. Always try to fit in reading!

**EARLY YEARS TEAM** 

#### **FUNDRAISING NEWS AUGUST 2016**

### **Ladies Day**

Our second Ladies Day is almost here, we have got some wonderful stalls booked in for this year. It is on Saturday 17<sup>th</sup> September from 2pm to 6pm. There will be a fantastic bonus gift that you will receive on the day when you purchase your ticket in advance. We are currently looking for any donations towards our raffle and silent auction so if you can help that would be greatly appreciated. We are also after some strong and willing volunteers to help with setting up the tables and then clearing them away. **TICKETS ARE ON SALE NOW!!** 

### **School Disco**

Thank you to everyone who has supported this event and for making it such a success. We hope your children had a great time at the disco.

### **Father's Day Stall**

This was a great a success as always and we had good feedback on the gifts available. We made just over \$800 profit which is fantastic.

### **Hallett Cove Bakery**

Don't forget to place your order with Hallett Cove Bakery for our bakery drive. You can order via the Qkr app or complete the form that has been sent home and return to the front office with the money. Don't forget the school will receive 20% from all orders placed and we will be supporting a wonderful local company. Also look out for the monthly offer at the end of Fundraising News, all you have to do is mention the school to the bakery and they will give you the discount on your order. Fantastic!!

### **Upcoming Events**

Ladies Day – Term 3 Hallett Cove Bakery Drive – Term 3 Christmas Stall – Term 4 (more information to come nearer the date)

### **Dates For Your Diary**

17<sup>th</sup> September – Ladies Day

**23<sup>rd</sup> September** – Bakery Order cut off date

**29<sup>th</sup> September** – Bakery Collection date **8<sup>th</sup> & 9<sup>th</sup> December** – Christmas Stall



#### **MONTHLY OFFER**

Donuts save 50c now \$3 Vanilla Slice save 60c now \$3.50

Just mention HCEPS

If you would like to volunteer to help on any of the upcoming events this year please contact Victoria Gorton on 0433 152 021 or <a href="mailto:vicgorton@gmail.com">vicgorton@gmail.com</a> for more information.

### THE FUNDRAISING COMMITTEE

#### **SAPSASA**

We have recently had many students compete for our school in Volleyball and Athletics. All students have done an amazing job representing our school. They played hard, played fair and had a great time. Congratulations to our Division 3 boys volleyball team which made the finals and will compete on Wednesday 14<sup>th</sup> September against schools from all over the state. Hallett Cove East came 2<sup>nd</sup> in our category at the Athletics Day and we had many students make the District Athletics team and will compete against the rest of the state on Tuesday 27<sup>th</sup> September. Good luck to all these students, and well done to everyone.

#### **NUDE FOOD DAY**

In week 3, 5west did a bin audit of rubbish that goes in our bins. We were extremely surprised at the amount of chip packets and other wrappers that were in there. All of these packages are not good for the environment as they go straight to landfill. To try and help the Earth we are organizing a Nude Food Day. Nude food is when our food does not have any wrapper at all – no plastic, no zip lock backs, no paper bags. Some examples of Nude Food are bringing a sandwich in a lunch box that can be taken home and washed. A banana is a Nude Food. Buying a big packet of chips and putting a portion in a plastic container that can be taken home and washed is also Nude Food.

Can you please talk with your child about what Nude Food they can bring on Friday 23<sup>rd</sup> September. The class with the most Nude Food will win a prize.



#### SOCCER

On the weekend of August 28th & 29th we had some of our very talented soccer players represent Fleurieu at the Country Championships at Strathalbyn. Teams from around the state play in this tournament. After some very early starts and some fantastic games of soccer it was a very successful weekend. Chloe, Olivia, Amy & Bianca played in the U13 girls team and they finished 2nd at the end of the weekend. Alex played in the U12 development team and they finished 2nd too. Jack played in the U13 team and they finished 1st. James, Ben and Nathan played in the U12 team and they also finished 1st. Congratulations to all.

### Jenny Brown SOCCER CO-ORDINATOR







#### **JOEY'S JOURNAL**

## Good choices versus strong choices

Every choice that we make is in some way good. The good might

be a short term benefit, or it might be good for us as an individual, but rather negative for everyone else involved. For example, disruptive behaviour feels like a good choice for the person as it provides them with attention.

I prefer to use the language of strong choices. A strong choice takes into consideration the future impact of the decision, and also the impact on others. A person who shows they can make strong choices about small matters is more likely to be trusted with more complex decision making. A person who frequently has trouble making strong choices might have the opportunity to make decisions taken away from them. This makes it difficult to support people who struggle to make strong decisions.

The term strong is often associated with muscles, and like muscles, strong decision making skills come from exercise. Just as we wouldn't expect to go from sitting on the couch to running a marathon overnight, we cannot expect someone to learn to make strong decisions instantaneously.

As a parent you have the opportunity to help your child strengthen their decision making skills by:

- Allowing them to make decisions, including setting parameters in which it is safe to do so.
- Talking about everyday decisions, including the decisions you are making.
- Supporting them to use decisionmaking steps.
- Asking questions that promote thoughtful decisions.
- Talking through mistakes.

The Kids Matter information sheet 'Decision-making: Suggestions for families' which has been included at the end of the newsletter expands on these suggestions.

Joey,
PASTORAL CARE WORKER
at HCEPS on Mondays and Tuesdays
Joey.Traeger704@schools.sa.edu.au

### CANTEEN NEWS RECESS SPECIALS

The canteen is still providing "Recess Specials" and these are now available to pre order through the QKR! App. They are *RECESS ONLY* and will be made ready for you children to pick up at recess time from the canteen.

### "Winter Warmer Recess Specials"

Muffin & Warm Milo	\$2.00
Raisin Toast & Warm Milo	\$2.00
Bean Bomb & Warm Milo	\$2.00
Garlic Roll & Juice Box	\$2.00
Nachos & Beef Salsa	\$2.50

#### **VOLUNTEERS**

We still have vacancies for volunteers Tuesdays, Wednesdays and Thursdays. Any time that you can give is invaluable and greatly appreciated.

### Helen Jefferson CANTEEN MANAGER

### ももたろう —Momotaro the Peach Boy

On Friday August 19<sup>th</sup> the whole school attended a performance on 5553 Momotaro – The Peach boy.

This is a traditional folktale of Japan. Claire Teisen was the performer and was assisted by Dee who played the music for the show and had painted all the backgrounds and props.

The show was interactive and students found it funny and very entertaining. The story tells of an old woman who finds a peach in the river while washing some clothes. She takes it home for her husband only to find a baby boy inside. The boy grows big and strong before heading to Oni Island to fight the Oni and return all the treasures they had stolen. Along the way he meets 3 animals – Inu: dog, Saru: monkey, Kiji: Pheasant who join him on his journey.

My favourite part of the Momotaro performance was....

The oni because he was big and fat. - Ryan 8E

The Peach boy and his animals. –Eli 8E

Momotaro fighting with the Oni. -Max 8E

When the big fat Oni came in because he was funny. -Oliver 8E

I like the part when Momotaro gave the dog the kibidango. -Saskia 8E

We liked the song Momotaro San.-8E

When Momotaro pinched the oni's nose. – Hamish 8W

The new body parts song that we sung. -Olivia 8w

Momotaro hitting the Oni on the head. – Xavier 8W

When the dog wouldn't let Momotaro in his backyard. – Charlotte 8w

When the peach came down the river. - Grace 8W

When Momotaro gave the Oni a kibidango. – Levi 8w

When the bird sat on Momotaros shoulder. - Layla 8W

When momotaro told the oni his shoelace was undone and the oni gave his sword to momotaro to hold. Then momotaro hit the oni on the head.-Tyler 7W

When the peach was floating down the river because it looked like a bottom. Tobi 7W

The picture when they were going across the sea. -Kiara O 7W

The Ogres belly. -Liam 7W

When Momotaro came out of the peach.- Jacob 7w

When the saru put the snake down for momotaro to climb up the Onigashima. – Arav 7w



It was funny when the Oni and Momotaro were fighting. Dylan 5E

When I got to be an Oni in training. Bella 5E

When the peach came down the river because I like how the peach moved. Owen 5E

I liked it when the Oni got hit on the head with a stick because it was funny. Maia5E

The Ogre because he was funny. Kobie 6AS

I liked the background for Onigashima and when the Oni was fighting because he was super funny. Tylah 6AS

I liked the body parts song that the Oni sang with us because we sang "Oshiri nahnahnah" – Caoife 6AS



### PRESENTATIONS & FAMILY DAY

Dear Players/Parents,

You are invited to attend this season's "Hallett Cove East Primary School" Soccer Family Day and Presentations. Details as follows:

Date: Saturday 24th September 2016

Family Day

Time: "Parents vs Kids" games from 10.00am (see times below),

\$1 BBQ from 9am to 2.00pm

Free drink, sausage and iceblock for all players

Drinks available to purchase

Where: HCEPS Oval

### **Presentations**

Time: Commence 12.00pm and conclude by about 1.00pm

Where: Pavilion

"Parents vs Kids" for each team will be as follows:

Age Group	Time	Duration	Pitch
U6 Blue	10.00	20 minutes	U6/U7 Pitch
U6 White	10.20	20 minutes	U6/U7 Pitch
U6 Maroon	10.40	20 minutes	U6/U7 Pitch
U7 Blue	11.00	20 minutes	U6/U7 Pitch
U7 Maroon	11.20	20 minutes	U6/U7 Pitch
U7 White	11.40	20 minutes	U6/U7 Pitch
U8 Blue	10.00	30 minutes	U8/U9 Pitch
U8 Maroon	10.30	30 minutes	U8/U9 Pitch
U9 Blue	11.00	30 minutes	U8/U9 Pitch
U9 Maroon	11.30	30 minutes	U8/U9 Pitch
U10	11.20	40 minutes	Senior Pitch 1
U11	10.40	40 minutes	Senior Pitch 1
U12 Blue	1.00pm	40 minutes	Senior Pitch 1
Seniors	10.00	40 minutes	Senior Pitch 1

N.B. One parent per player permitted in each game. No brothers or sisters are to play unless short of numbers <u>and</u> agreed by coach.

PLEASE RETURN YOUR SOCCER TOPS TO YOUR COACH ON THIS DAY.

Thanks Queries: Jenny Brown (0418791667)



### What are the benefits of IGNITE at Aberfoyle Park High School?

The benefits of the IGNITE program are supported by research in Gifted Education, as evidenced by the following extract from 'By Not Challenging Gifted Kids, What Do We Risk Losing?'

By Ingfei Chen.

It's easy to assume that for extremely bright young students, life in the classroom is a snap. But when conventional school curricula fail to stimulate their hungry young brains, leaving them bored and stymied, these kids may get lost in the system. and many may never blossom to their full potential. It's a big loss for lots of reasons, including the fact that these students represent a unique pool of talent for generating new ideas and innovations. We may be losing opportunities to nurture the Henry Fords and Marie Curies of the future.

Gifted students who got a high "dose" of advanced and enriched learning activities in STEM areas (such as AP classes, taking college courses in high school, science fairs) were roughly twice as likely to earn a Ph.D. and tenure in a STEM field by their early 30s than those who got a low dose. Gifted students who miss out on accelerated learning opportunities still do well above average, but don't accomplish as much later in life.

**link:** https://ww2.kqed.org/mindshift/2014/04/25/what-do-we-risk-losing-by-not-challenging-gifted-kids/

For further information about our IGNITE program for Gifted and Talented students at APHS, please phone the school on 8270 4455 or contact us via email: ignite@aphs.sa.edu.au



### SOUTH ADELAIDE PANTHERS FC

SEASON 2017 WOMENS AND GIRLS TRIALS

U9, U11, U13, U15, U17 & Senior Women

FFA NATIONAL CURRICULUM

Wednesday 19th and 26th October

U9 & U11 5-6pm, U13 & U15 6.30-7.30pm, U17 & Seniors 7-8pm

Sunday 23rd and 30th October

U9 & U11 10-11am, U13 & U15 10.30-11.30am, U17 & Seniors 11am-12pm

Please bring shin guards, boots, water bottle etc

Attendance is required at two trial dates

For more information please contact:

Senior Coach Leigh Matthews 0412 591478 <u>leighmatt00@hotmail.com</u>

Junior Coach Darren Clay 0415 526021 darrenclay78@rocketmail.com

**FAMILY ORIENTED CLUB** 

**FULLY ACCREDITED COACHES** 

11 YEAR HISTORY OF WOMEN & GIRLS IN FOOTBALL IN SA

REDEVELOPMENT OF FACILITIES DUE TO BE COMPLETED BY START OF 2018 SEASON

### 2017 Season Trials and Registration

THE COVE FC WOULD LIKE TO INVITE ALL CURRENT AND NEW JUNIOR PLAYERS TO JUNIOR TRIALS COMMENCING MONDAY THE 26TH SEPTEMBER ALL TRIALS WILL BE HELD AT THE COVE SPORTS AND COMMUNITY COMPLEX, OVAL ROAD, HALLETT COVE

### U6, U7, U8, U9 Registrations

Trials will not be held for these age groups, registrations for these age groups will be held Monday 26th September from 6pm Wednesday 28th September from 6pm Payment of a deposit of \$300 (U6 & U7 \$200) at registration will secure a position for 2017.

### Minis Register Here.

U10, U11, U12, U13 Trials

- Monday the 26th September 6.15pm to 7.15pm
- Wednesday the 28th September 6.15pm to 7.15pm

### Register for Trials Here.

U14, U15, U16 Trials

- Monday the 26th September 7.30 pm to 8.30pm
- Wednesday the 28th September 7.30pm to 8.30pm

For more information please log onto www.thecovefc.com

### **COMMUNITY NEWS**

Please see noticeboard for further information.

- HOT SHOTS TENNIS AT THE SCHOOL Just N2 Tennis is conducting a term of tennis at your school during term 4. Register your interest for a free trial session at The Southbank Tennis Club.
   Dates and Times Sat 1st and Sun 2nd October 10-11am. Contact Justin 0415 289 733
- LIFE. BE IN IT. Come 'n Try Sport program to be held from Monday 10<sup>th</sup> to 14<sup>th</sup> October in the CBD & Park Lands. Refer to flyer below for more information.
  - JUNIOR CRICKET Expression of Interest forms were delivered to students last week. These need to be returned to the front office no later than September 21st so that teams can be nominated. If you have any queries please call Jess Chaplin 0418 714 810.







# HOLIDAY CLINIC

TRY ATHLETICS
SKILL DEVELOPMENT
QUALITY COACHING
+ SPECIAL GUESTS!

5TH OCT U6 - U8 6TH OCT U9 - U18

9AM - 3PM Cost: \$50.00 9AM - 4PM Cost: \$60.00

