



NEWSLETTER - TERM 1 - 22nd FEBRUARY 2017

DIARY DATES	
24/02/17	STUDENT LEADERSHIP ASSEMBLY
06/03/17	AGM
10/03/17	2:15 PM ASSEMBLY 6W & 7E
14/03/17	PUPIL FREE DAY
17/03/17	ASSEMBLY 6W & 7E
21/3/17	HARMONY DAY
31/03/17	2:15 PM ASSEMBLY 6AN & 5W
13/04/17	SPORTS DAY

Dear Parents/Caregivers,

STUDENT LEADERSHIP TEAM

During the first two weeks the Year 7 teachers, Bruce Norris and I undertook the process to fill Student Leadership positions. This year, 4 Lighthousekeeper Executive Leaders and 8 Wellbeing Leaders were chosen through an application, interview and role play/activity presentation process. These students will be presented to the whole school at the Assembly on Friday. All Student Leaders (along with LHK class reps) will recite their pledges during the assembly.

Congratulations to:

Lighthousekeepers Executive Leaders:

Bianca, James, Carys and Tyler.

and

Wellbeing Leaders: Connor, Alliyah, Austin, Skye, Ben, Rylee, Jackson and Lily.

EXTERNAL REVIEW

Last Monday and Tuesday we participated in a successful External Review process. This involved a very detailed examination by the panel, (consisting of a Review Officer and Review Principal), of our improvement programs and processes and the impacts these had made over time. I had to deliver a presentation about our work in literacy, numeracy, curriculum and wellbeing aspects. Then a number of

students, parents and all staff present on the days participated in conversations with the panel to determine how deeply these processes were understood and enacted across the school. The review panellists also did walkthroughs in all classrooms. From all the information they gathered and work they observed they acknowledged a strong consistency of programming and successful review processes in place and congratulated the school on the high level to which we met the review lines of inquiry. A formal report acknowledging successes and recommendations for next directions for the school will arrive within the next few weeks and will be made available to view in the school's website.

ACQUAINTANCE MEETINGS

Thank you to those of you who were able to attend Acquaintance Meetings last Wednesday. The meetings were well attended. I hope parents found them valuable firstly to meet teachers and secondly to clarify your understanding of how your child's classroom will operate during the year.

SCHOOL ANNUAL GENERAL MEETING

**The School AGM will be held on
Monday March 6th at 7:00pm.**

The AGM is a very important event because it gives us an opportunity to share our work and successes of the previous year with the school community. Our Student Leaders will present the highlights of the year and there will also be other student presentations. Separate invitations to the AGM will be sent home shortly.

After the presentations the Governing Council will finalise its annual elections. Membership of the Governing Council

provides an opportunity to participate in discussions around a variety of school issues as a representative of the parent community and is a great way to learn how schools operate. The Hallett Cove East Primary School Governing Council Constitution states that the Governing Council will consist of 17 Councillors. This is comprised of the Principal, 2 Staff of the School and 14 elected Parents. Currently there are 9 parents who will continue in their 2nd year.

This means there are 5 vacancies that are required to be filled. Information regarding nominating for Governing Council was sent home on Monday. These are due back this Friday 24th February. Ballot papers for the voting process will be sent home next Monday 27th February and are due back by next Friday March 3rd. The outcomes of the Governing Council vote will be reported at the AGM.

OTHER COMING EVENTS

R-5 SWIMMING

Please note that R-5 Swimming will be held in Week 6 (March 6th – 10th). More information will be out shortly.

PUPIL FREE DAY – TUESDAY MARCH 14TH

This is just a reminder that our first Pupil Free Day will be held on Tuesday March 14th. All the sites in the Partnership will be closed and we will be working on planning curriculum with a focus on moderation.

STUDENT LED DISCUSSIONS

Student Led Discussions will be held in Week 10 of this term. We will provide further details of these discussions in due course.

SPORTS DAY

We are planning to hold Sports Day on Thursday April 13th, which is the last day of term. More information about Sports Day will also be provided in due course.

ASSEMBLIES

This is just a friendly reminder that parents/caregivers are invited to attend

Assemblies. These are usually held in Weeks 3, 6 and 9 each term on Fridays at 2:15pm in the Pavilion. There are a couple of interruptions to that schedule this term and 2 of the assembly times have been changed. The first will be this Friday 24th March at 2:15 and the next one will now be in Week 7 on Friday 31st March at 2:15pm. The groups responsible for presenting are identified in the Diary Dates section in the newsletter and will also be on the electronic sign.

Anne Rathjen
PRINCIPAL

PREMIERS BE ACTIVE CHALLENGE 2017

This year Hallett Cove East will be running the Premiers Be Active Challenge from Monday 6th March to Friday 26th May. This is the 10 week challenge, with 2 weeks holiday in the middle.

Each student needs to be Active for at least 1 hour, 5 days a week. This could be playing sport, jumping on the trampoline or walking to school. There is a great list of suggested activities if you are running short of ideas.

Please support and encourage your child to be active at this time so as many students as possible can receive a medal. Please chat to your child's teacher if you would like any more information.

SAPSASA SWIMMING

Last Sunday 19th February the Southern Valley District swimming trials were held. We had 10 students from Hallett Cove East attend which was more than any other school in our district. They all did an amazing job, tried hard, swam fast and were a credit to our school. Congratulations to Tehya (4E), Alex and Bradley (6W) and Dylan (9N) who made the district team and will compete against the rest of the state on Thursday 16th March. Good luck.

CROSS COUNTRY ATHLETICS

Try outs and training for the school cross country team will be held Thursday mornings on the school oval at 8am, starting in week 5. 10 year old students (born in 2007) run a 2km course, while students 11, 12 and 13 years old run a 3km course. Please come out and have a try, or talk to Mr Marks if you would like more information.

FUNDRAISING NEWS FEBRUARY 2017

Welcome to a new school year, we felt that it would be a good idea to let you all know what was accomplished in 2016 and what will be happening in 2017. Also welcome to all the new families that have joined the school. If you are interested in joining the Fundraising Committee and want to help out please come along to our next meeting or contact me on the number or email below, we are always in need of new volunteers.

Last year we had some fantastic fundraising activities; these included the Mother's Day and Father's Day stalls, the Entertainment books, a school disco, Ladies day and the Bakery drive. With the money raised we were able to purchase a few benches for the children to sit at whilst eating their recess and lunch they were very much needed. We added a Buddy Bench to the school, which has been a great success. We also gave money to the arts program, which Miss Donoghue used to buy new drama blocks and they were put to great use for the school's end of year concert.

A very big thanks to everyone who has organised these events and helped bring them together and run them. Of course we also say a big thank you to everyone who has supported them – without you there would be no success stories to tell!

We have many exciting events planned for the school year ahead including the usual Mother's Day and Father's Day Stalls, a disco or two and the hugely popular Fun Run.

Here's looking forward to more successes in 2017!

MOTHER'S DAY & FATHER'S DAY STALLS EXPLAINED

As there are a lot of new parents to the school we thought we would just give a brief explanation of why we do the stalls and how it all works. Firstly they are not really run as a big fundraiser the main reason for holding these is to give the children an opportunity to buy their parents / caregivers a surprise present that without this stall they may not be able to. It is done as the children just love to do this. Having run these stalls for many years all you need to do is see the smiling faces of the children as they choose their gifts and it totally makes it worthwhile.

Every gift is priced at \$5 each, some are a couple of gifts wrapped together but that is still \$5 so it makes it completely straightforward for the children. We make every effort to provide quality items and to choose a variety of gifts. Feedback from previous years has shown that we have accomplished that. The children bring their money into school on the Thursday, the stall opens in the morning and each class comes up in turn to buy their gifts. If however, you forget to send the money in with your child we do offer to hold the item for them and the stall will open again on the Friday morning for the children to come up with their money then.

Hopefully at the end of it all we have very happy children and happy parents / caregivers!!

UPCOMING EVENTS

School Disco

Mother's Day Stall Term 2

Father's Day Stall Term 3

More exciting events to be announced soon....

Dates For Your Diary

Thursday 11th & Friday 12th May – Mother's Day Stall

Thursday 31st August & Friday 1st September – Father's day Stall

Thursday 9th March 2.30pm – Fundraising Committee Meeting – Front office meeting room

Everyone Welcome! If you feel you have any ideas for fundraising within the school or just want to be more involved please feel free to come along.

Help Needed!!

The Fundraising Committee is in need of volunteers; please don't think that if you volunteer you will be asked to do everything, this will not happen. We just need a few people who can spare the time to come to the meetings twice a term, normally half an hour before school pick up. Also to help with the organisation of the events. For example purchasing the decorations for a disco or buying the food or putting up posters around the school advertising the fundraising events. It's a lot of small jobs that need doing and as they say many hands make light work!!

If you would like to volunteer to help on any of the upcoming events this year please contact Sarah Hole on 0488 282 779 or sarahhole073@gmail.com for more information.

THE FUNDRAISING COMMITTEE

HCEPS SOCCER 2017

Soccer Registrations are now due.

Please fill out the registration form attached to the newsletter or pick up a hard copy at the front office and either email it to hcepsoccer2017@gmail.com or drop it into the front office. Please make sure any requests are placed on the form as once teams are set it may not be possible to make changes. Games are expected to begin the 1st Saturday of Term 2 but I will update everyone when I get more information. Any questions please email me.

Jenny Brown
HCEPS SOCCER COORDINATOR

VOLLEYBALL 2017

Spikezone is a modified version of volleyball for kids in years 4-7. Spikezone is played on a smaller court, with a lower net, a softer/lighter ball and with less players on the court. The game is played in a fun and supportive environment to enable kids to learn the game whilst still having a great time!

The competition at Hallett Cove R-12 is open to any primary school students, both boys and girls of any skill level, in years 4-7.

This Spikezone is played on Friday afternoons at the Hallett Cove R-12 School Gym from 3:30 onwards.

If you are interested in getting a team together or want to be part of a team please let me know as soon as possible so teams can be registered. Email hcepsoccer2017@gmail.com or mobile 0418791667.

READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website <http://www.readingrockets.org/>. This is a very useful site offering ideas to get children reading from a very young age.

You can also check out the Parent section of our website.

I read to you, you read to me

Take turns reading aloud at bedtime. Kids enjoy this special time with their parents.

EARLY YEARS TEAM

DUE TO A NUMBER OF ISSUES WITH A VARIETY OF CHILDREN, WE WILL NEED TO ASK THAT NO POKÉMAN CARDS ARE BROUGHT TO SCHOOL FROM NOW ON.



JOEY'S JOURNAL

Bad days

When was the last time you had a bad day? One of those days when you're already running late for work and you need to stop for petrol, and then there are roadworks, and then you are stuck behind a slow driver... and then you are looking for the next bad thing to happen. One bad thing follows another like dominos.

When we are feeling down, we start focusing on problems that we would normally overlook. Even the most optimistic person can fall into the trap of the domino effect. While we can't control everything that happens to us, we can control how we respond to these events. We can choose to have a positive mindset.

When you find yourself thinking negatively, make an active effort to change:

- Focus on what you can do – it creates results
- Adopt an attitude of gratitude, e.g., while you are stuck in traffic appreciate that you get to hear a song you like on the radio
- Do something fun to distract yourself
- Set a time-limit for self-pity, e.g., I will allow myself to feel sad for 5 minutes and then I will make peace with what I can't change
- Spend time with positive people – when we spend time around people who are complaining it is really easy to encourage each other in our complaints and feel justified
- Ask for help if you need it

When you notice others who are experiencing a tough day encourage them to adopt a positive mindset. As you support your child, your partner, your friend, your own positivity will grow too.

Having a positive mindset takes practice, so don't give up!

Joey,
PASTORAL CARE WORKER
at HCEPS on Mondays and Tuesdays
Joey.Traeger704@schools.sa.edu.au

COMMUNITY NEWS

Please see noticeboard for further information.

- **MYSTERIOUS WORLD OF TEENS** – Survival tips for parents. Wed 22nd March 7:00 – 9:00 pm. Riverbank Room, Adelaide Convention Centre, North Tce, Adelaide. Presenter Kirrilie Smout, Adelaide psychologist. Register to attend in person or view live webcast at: <http://parentingsa.eventbrite.com.au> or ☎ 8303 1660
 - **COVE FOOTBALL CLUB** - Hallett Cove Football Club (based at the Hallett Cove Community Sporting Complex) is looking for players turning **12, born 2004**, to complete in our Under 13 team. Training on Mon & Wed 5.30 - 7.00 pm. First game is Saturday, 8 April 2017. Junior Coordinator ☎ James Fuller 0478 589 861
 - **MITCHAM GIRLS HIGH SCHOOL** - Gift Dance Program offers girls an opportunity to develop their skills & passion for dance performance. Develop creative, technical & physical understanding & appreciation of dance as an art form. Audition dates, Tuesday 7 March at 9:15 am & Tues 16 May at 9:15 am. Register at: www.mitchamgirlshs.sa.edu.au
 - **CITY OF ONKAPARINGA** – Soccer Clinic Boys & Girls to learn basic skills. Only \$5 per child. Tues at Seaford, Fri at Aldinga & The Hub.
- STREETBALL TOURNAMENT** – Get your mates together because it's here! Register your interest today.
- Hub Rec Centre:** ☎ 8270 1360
Seaford Rec Centre: ☎ 0466 305 343
Aldinga Rec Centre: ☎ 0466 305 342
- **SOUTH ADELAIDE PINK PANTERS FC** – Come & Try Day. Mon 20th & 27th Feb. 7:00 pm. O'Sullivan Beach Sports Complex. All ages welcome. ☎ Leigh 0412 59 478 or [ww.sapanthers.com.au](http://www.sapanthers.com.au)

Premier's Be Active Challenge – A list of physical activities

Active home chores	Hacky sack	Race walking
Active games	Hand tennis	Aerobics
Health hustle	Hide and seek	Rollerblading
Hip hop dancing	Roller-skating	Athletics
Hockey (field)	Rowing	Badminton
Hopscotch	Ballet	Horse riding
Running/jogging	Baseball	Basketball
BMX/Bicycling	Jazz dancing	Skateboarding
Callisthenics	Juggling	Canoeing
Volleyball	Chasey	Skipping/jump rope
Walking	Circus skills	Washing car
Climbing stairs	Soccer	Climbing trees
Softball	Cricket	Martial arts
Dancing (general)	Motocross	Dodge ball
Mountain biking	Netball	Tai chi
Exercise equipment	Orienteering	Tap dancing
T-ball	Tennis	Tenpin bowling
Football (Australian)	Totem tennis	Playground
Frisbee Playing (active)	Trampoline	Pogo stick
Gardening	Golf	Gymnastics

Can you think of anymore? If it is active then put it in your diary

Important Dates

School in Action

Wednesday 22 March 2017 8.45am-10.40am
(Bookings essential)

Tour the school and see classes in action.
Meet the Principal.

Open Night

Wednesday 22 March 2017 5.00pm-7.00pm

Meet the Principal at 5.00pm then take a
guided tour of the school.

Primary School Tour

Wednesday 9 August 2017 9.00am-10.15am

Tour the Primary school and see classes in action with
the Head of Junior School and Student Leaders.

Information Night for 2018 Year 8 Students

Wednesday 29 November 2017 6.00pm-7.00pm

Transition Days for 2018 Year 8 Students

Monday 4 December 2017 8.40am-3.10pm

Tuesday 5 December 2017 8.40am-3.10pm

2017 Term Dates

Term One: 30 January – 13 April

Term Two: 1 May – 7 July

Term Three: 24 July – 29 September

Term Four: 16 October – 15 December



Hallett Cove School R-12

2-32 Gledsdale Road

Hallett Cove SA 5158

Phone: 08 8392 1020

Fax: 08 8381 6713

Email: info@hcs.sa.edu.au

www.hcs.sa.edu.au



MITCHAM GIRLS
HIGH SCHOOL

A girls' school | A public school
An unzoned school delivering academic excellence
and educating girls from all suburbs across
Adelaide and nearby country towns

OPEN DAY 8 MAY 2017

9-11am and 5-8pm
Principal's address 9.10am | 5pm | 7.15pm
Tours during opening times

2017 SOCCER REGISTRATION & CONSENT FORM



Hallett Cove East

Primary School

*****Note: Please write clearly *****

PLAYER DETAILS

Student's Name: _____ Age: _____ M/F: _____

Address: _____

Date of Birth: _____ Classroom Number: _____

Teacher's Name: _____ Year Level: _____

School (if not HCEPS) _____

CONTACT DETAILS

Contact Person One: _____ Phone: _____ Mobile: _____

Criminal Check Completed: YES/NO Volunteer Training Completed: YES/NO

Contact Person Two: _____ Phone: _____ Mobile: _____

Criminal Check Completed: YES/NO Volunteer Training Completed: YES/NO

Email: _____

PREVIOUS SOCCER EXPERIENCE

Previously Played School Soccer: YES / NO

If Yes, Last Team Played for & Year: _____ (e.g. Under 11 2014)

Comments re Team/Age Group Preference in 2015: _____

(Optional - any comments re preferred age group/coach/team etc)

Club Soccer: Does your child play soccer for a club? YES / NO (for FFSA Levy purposes)

If Yes, Club: _____ Age/Team: _____

MEDICAL INFORMATION

Does your child have a Student Asthma Record Card? YES / NO

Does your child wear glasses for sport? YES / NO

(NDJSA have a policy re wearing glasses in matches)

If there is any medical information that is relevant to the student's participation in this activity, please provide details:

MEDICARE NUMBER: _____ (This **MUST** be completed)

ASSISTANCE IN 2016

We cannot offer Soccer at the school without significant parent help. If coaches, assistants, and team managers do not come forward, teams will not be registered and players will miss out.

Please note that all coaches, assistants & team managers are required to have a current police check. A copy of this will be required prior to commencing any training.

If you are able to help with any of the following tasks, please circle below:

Committee	Coaching	Asst Coach	Team Manager	Linesperson
BBQ Coordinator		Saturday Morning Set-up		

ACKNOWLEDGEMENT & CONSENT

I give permission for my child to be involved in both training and matches for the above Sports Team. I am responsible for the transport of my child to and from match and practice venues.

I acknowledge that I am responsible for the payment of registration fees directly to the school finance office prior to the end of term 2. This includes any unpaid fees from previous seasons.

I accept responsibility for the care of my uniform or equipment loaned to my child and its return, (cleaned) at the end of the season. If I do not return the loaned uniform I am aware that I will be invoiced for the replacement of that uniform.

I understand that the Coach/Manager is authorised to obtain medical assistance for my child if deemed necessary and I/we agree to pay any medical, hospital and ambulance expenses incurred.

All players and parents/caregivers/guardians acknowledge that they participate in school sport under the school's "Code of Behaviour" policy. All players and parents/caregivers/guardians acknowledge that they also participate in school soccer under NDJSA guidelines.

I understand that my child will automatically be enrolled in OSHC (the registration fee will be waived for soccer purposes) in case your child is not collected from training and I understand that I will be responsible for all OSHC fees incurred if this service is used.

I understand that all parents are required to assist with the canteen/BBQ as rostered by the team manager for home matches during the season.

Players Signature: _____ Date: _____

Parent's Signature: _____ Date: _____