



NEWSLETTER - TERM 2 - 10th MAY 2017

DIARY DATES	
17/05 – 22/05	BOOK FAIR
19/05/17	SAPSASA NETBALL AND SOCCER
22/05-26/05	PE WEEK ACTIVITIES
05/06 – 09/06	LIFE EDUCATION VAN
13/06/17	PUPIL FREE DAY
19/06 & 27/06	DIARY OF A WOMBAT EXCURSION
05/07/17	WRITTEN REPORTS SENT HOME

Dear Parents/Caregivers,

Welcome back to Term 2. I hope you all had some great holiday time with your children.

FRIENDLY REMINDER YEAR 8 APPLICATIONS FOR 2018 SECONDARY SCHOOLING

Parents of Year 7s are reminded to please return your child's Year 8 Secondary School application form as soon as possible and certainly no later than Friday May 26th. All students need to return a form regardless of whether they will be attending a public or private secondary school.

RESPONSE TO THE NETFLIX SERIES "13 REASONS WHY"

Please refer to a letter at the end of the newsletter which has been recommended for parent distribution by DECD as a response to the release of the program "13 Reasons Why" on Netflix.

SPORTS DAY

What a fabulous way to end Term 1 with the great Sports Day that we had! The weather could not have been better and the organisation of the day ensured a great transition to Easter and school holidays. The slightly shorter timeframe and therefore changes to when and how events were timetabled helped students to

manage the full day's events and also provided us with the opportunity to have the exciting R-7 relay in the way that we did. Teachers are currently considering using the slightly shortened and differently timetabled format for future Sports Days, whether they be on the last day of term or another day near the end of the term.

A special thank you to all the people who planned, organised and/or helped, with the many jobs both before and on Sports Day. You all ensured the day was the success it was.

All students showed our Values of Fairness, Excellence, Respect and Responsibility on the day and I would like to particularly acknowledge the leadership of the House Captains – well done on an excellent job!:



KIDSMATTER PARENT FORUM

Last Friday, Simone Green, parent and co-ordinator of the KidsMatter Community Action Team, gave a presentation for parents regarding the KidsMatter program. Thank you to all those parents who attended, I am sure you found the presentation informative. Special thanks to Simone for the time and commitment you put into preparing and presenting our very important work in this area. ☺

VOLUNTEER TRAINING UPDATE

As you already know, the Responding to Abuse and Neglect (RAN) Training component of Volunteer Training, can now be completed online. DECD has also released an online 20 minute Volunteer Induction Training module.

As a result, we have put together a volunteer training package that can be completed by parents at home that includes completion of the above training modules as well as reading and signing off acceptance of some associated documents. These packages are now ready and will be available from the front office as of next Monday, 15th May 2017.

Everything you need to access training modules and other documents are contained in the package and instructions should be self-explanatory.

Anyone who is interested in becoming a volunteer, or, who has been waiting for information about the training, is welcome to come in and take a package.

I know that some of you have already completed the RAN training and have been waiting for the other part of the training package to be finalised.

If you would like more information about volunteering at HCEPS please contact me on 8322 3677.

INFORMAL "MEET THE LEADERS" SESSIONS

Later this term, we are offering two sessions for parents to come in for a coffee, tea, biscuits and a chat with Bruce Norris and myself. These will be informal, friendly and respectful opportunities to chat about anything to do with school that you

may like to find out more about. There will be flyers out shortly with more details. Please keep your eyes open for them! We hope to see some of you there.

NATIONALLY CONSISTENT COLLECTION OF DATA ON SCHOOL STUDENTS WITH DISABILITY

We will shortly commence the annual nationally consistent collection of data on school students with disability ('the Collection').

This will involve the collection of: the number of students receiving adjustments to enable them to participate in education on the same basis as other students; the level of adjustment provided to students; and where known, the student's type of disability.

Under the Collection model the definition of disability is broad and includes learning difficulties, health and mental health conditions.

If your child is identified for inclusion in the Collection, the required information about your child will be included in this year's data collection.

If you have any questions about the data collection, please contact Bruce Norris or myself on 8322 3677. Further information about the Collection can be found at:

<http://www.education.gov.au/nationally-consistent-collection-data-school-students-disability>.

DAYMAP PARENT PORTAL UPDATE

This is a friendly reminder that if you have not yet connected to the Daymap Parent Portal to please do so as soon as possible. This application is now the only electronic tool through which teachers contact parents. This includes whole class notifications so it is important that everyone is connected. Thank you.

DON'T FORGET:
PUPIL FREE DAY - TUESDAY JUNE 13th
OSHC IS AVAILABLE FOR CARE ON THIS DAY.

Anne Rathjen
PRINCIPAL

ENTERTAINMENT BOOKS

The NEW 2017 | 2018 Entertainment Memberships are available now!

Entertainment™ Memberships are available in two formats:

the Entertainment™ Book or the Entertainment™ Digital Membership.

We are now selling Entertainment Books for \$70 as a fundraiser for our school.

The Entertainment Book comes with \$1,000s worth of discounts for the whole family.

In many cases you can pay for the book in virtually one outing!

You can go on-line for more information but don't forget that we have the books here now!

See Henny in the Front Office for more details.

READING CORNER

Each Newsletter the Early Years Team will provide you with strategies to help support and encourage your child to read at home. These ideas have come from the website <http://www.readingrockets.org/>. This is a very useful site offering ideas to get children reading from a very young age.

You can also check out the Parent section of our website.

Tell family tales

Children love to hear stories about their family. Talk about a funny thing that happened when you were young.

EARLY YEARS TEAM

PE NEWS

SPORTS DAY

What a great day it was on Thursday 13th April. The weather turned out wonderful and the attendance and support by families was fantastic to see. It was great to see our students dressed in their team colours and competing for their team - Hallett, Tate, Kurna and Perry Barr. We were lucky enough to have our own Jonathon Warren-White to open our Sports Day. He is an accomplished Ultimate Frisbee player and we are lucky to have him as one of our

staff members. Thank you Mr Warren-White for teaching us a bit about Ultimate Frisbee and for your inspiring words.

Many thanks to all those who lent a hand with the organisation – staff, parents and students. A big thank you to Peter Duffy for marking the running lanes, Kylie Sparks & Simone Green (and the teams they organised) who helped to give out ribbons, and those parents who helped to chop up fruit. Thank you also to those parents who lent a hand with packing up the shelters and tables. It is fantastic to see our community so involved in making Sports Day so special for our students.

I would also like to thank the Leaders; Bianca, Rylee, Jackson, Skye, Connor, Tyler, Carys, Ben, Austin, Lily, James & Alliyah. They were a pleasure to work and helped to make the day run so smoothly.

The results of the day were:

Sporting Shield:

- 1st Tate
- 2nd Kurna
- 3rd Hallett
- 4th Perry Barr

Behaviour/Attitude:

- 1st Kurna
- 2nd Hallett
- 3rd Tate
- 4th Perry Barr

SAPSASA DISTRICT CROSS COUNTRY

33 students from HCEPS competed at Thalassa Park, Aberfoyle Park on Thursday 4th May. All students did an amazing job representing our school. Congratulations to Carys 9W, Bianca 9N, James 9W, Amy 9S and Jack 9N who made the district team and will compete at Oakbank later in the term. A huge thank you to all parents for coming out and supporting the team, and a special thank you to Lisa for running trainings each week. Training will continue Thursday mornings for the next 4 weeks, and all students are welcome. Oh, and we won the trophy for best small school. Well done everyone!

SAPSASA KNOCKOUT NETBALL

The girls have been selected for the team and training is on Wednesday lunchtimes. The 1st match is on Friday 19th May at 1.40pm at school against Woodend Primary.

SAPSASA KNOCKOUT SOCCER

The boys have been selected for the team and training is on Wednesday after school when possible. The 1st match is on Friday 19th May at 1.40pm at school against Woodend Primary.

PE LESSONS

Hallett Cove East applied for funding from the Sporting Schools Grant from the Federal Government for Term 2. All students will participate in 1 netball lesson per week for 4 weeks with a qualified netball coach.

Nick Marks
PE / SCIENCE SPECIALIST TEACHER

FROM THE RESOURCE CENTRE

Scholastic BOOK FAIR is on again in our School Library/Resource Centre commencing on Thursday 18th May and finishing on Monday 22nd May.

Books can be viewed and purchased at the following times:

Dates/Times:

Thursday 18 th May	3.05 – 4.00 pm
Friday 19 th May	8.30 – 9.30 am
	3.05 – 4.00 pm
Monday 22 nd May	8.30 – 9.00 am
	3.05 – 3.30 pm

Money raised goes towards purchasing new books for our library.

Last year we raised \$1,450.00 worth of books for the library. Thank you.
We hope to see you at the BOOK FAIR.

Irene Bywaters
RESOURCE CENTRE

CITY OF MARION

To Hallett Cove East Primary School, thank you for your fantastic support and involvement in the success of Marion Celebrates festival 25th March with your dance performance on the main stage.

I have received a lot of positive feedback about the event from visitors and participants and I have never seen so many people dancing on the street at the Marion Cultural Centre.

There is a great sense of cultural vitality and community celebration at the event.

Kind regards,

Elizabeth Sykora
CULTURAL DEVELOPMENT OFFICER
CITY OF MARION

FUNDRAISING NEWS MAY 2017

Mother's Day Stall

Don't forget the Mother's Day is this week. Please note change of times. Also all gifts are \$5!!

Thursday 11th May 1.30pm til 3pm (note change of time due to NAPLAN in the morning)

Friday 12th May 8.45am til 11am.

UPCOMING EVENTS

School Fun Run – 22nd September

Mother's Day Stall - Term 2

Father's Day Stall - Term 3

More exciting events to be announced soon....

Dates For Your Diary

Thursday 11th & Friday 12th May –
Mother's Day Stall

Thursday 31st August & Friday 1st September – **Father's day Stall**

HELP NEEDED!!

The Fundraising Committee is in need of volunteers; please don't think that if you volunteer you will be asked to do everything, this will not happen. We just need a few people who can spare the time to come to the meetings twice a term,

normally half an hour before school pick up. Also to help with the organisation of the events. For example purchasing the decorations for a disco or buying the food or putting up posters around the school advertising the fundraising events. It's a lot of small jobs that need doing and as they say many hands make light work!!

If you would like to volunteer on any of the upcoming events this year, please contact Sarah Hole on 0488 282 779 or sarahhole073@gmail.com for more information.

THE FUNDRAISING COMMITTEE

CANTEEN NEWS

Welcome to Term 2 and winter is coming the new winter menu will be available from week 3.

Warm Winter Recess specials are now available and to avoid disappointment you can pre order using the Qkr! app.

We also still need volunteers !! Any amount of time you can give is greatly appreciated.

A big Sports Day **THANK YOU** to all the canteen helpers. Sports Day catering would not have happened without all your support.

WINTER WARMERS' RECESS SPECIALS

MONDAY

Muffin & Warm Milo 2.00

TUESDAY

Bean Bomb & Warm Milo 2.00

WEDNESDAY

English muffin Pizza & Warm Milo 2.00

THURSDAY

Cheese & tomato Pasta Pot 2.00

FRIDAY

Muffin & Milo 2.00

Helen Jefferson
CANTEEN MANAGER



JOEY'S JOURNAL

Celebrating Mothers

To all the mothers in our school community, I wish you a happy Mother's Day for Sunday.

Mothers are very special people. They often aren't thanked for everything they do, and they do far more than their children will ever realise. It is important that we take the time to let them know that we appreciate them and everything that they do for us. Mother's Day has been celebrated in Australia for almost 100 years. People from around 80 countries will be celebrating this coming Sunday. Globally and individually we say: Mothers are important!

However, Mother's Day can be a difficult day for some people who don't have the relationship with their mother, or children, that they would like. We need to remember to be caring towards them. It is wonderful how we can also celebrate additional important females in our lives: stepmothers, grandmothers, aunts, and female role models.

I wonder how you will choose to spend the day. Different people feel loved in different ways. Maybe there is a particular way that you, or your mum, would feel most loved. If your family doesn't know the things that make you feel most loved, then you should let them know, it is a wonderful investment in your relationship.

- Words of affirmation: a card or poem telling mum how much you love her
- Acts of service: breakfast in bed, give mum the day off and everyone else help out
- Receiving gifts: a thoughtful homemade gift, a bought gift to spoil mum

- Quality time: a family adventure, a meal together with multiple generations
- Physical touch: a big hug, nestling on the couch to watch a movie together

Enjoy the special day, and make sure to show your family that you love them throughout the whole year.

**Joey, PASTORAL CARE WORKER
at HCEPS on Mondays and Tuesdays**

THERAPY DOG WRITING WORKSHOP

What do dogs have to do with writing? Everything! They are the characters, the inspiration, the motivation and sometimes the editing buddies. Author, teacher, blogger and dog lover, **Ashley Howland** will let you in on her secret to writing, her dogs and the role they play in the whole process. This is an interactive session where you get hands-on experience and a chance to discuss and try different writing activities. Bonus: you get to meet Stitch and Chewie – the awesome writing buddies.

Ashley's books available for purchase. Time for signing after session.

Ages 7 – 14 years

Sunday 4 June 1.30 – 3.00 pm

Cove Civic Centre Library

1 Ragamuffin Drive, Hallett Cove SA 5158

FREE Bookings essential 83756755 or online at marion.sa.gov.au



COMMUNITY NEWS

Please see noticeboard for further information.

- **UNDERSTANDING THE 'BOY CODE'** – Free parenting seminar presented by Dr Justin Coulson. Tues 30th May, 7:00 – 9:00 am. Riverbank Room, Adelaide Convention Centre, North Tce, Adelaide. ☎ 8303 1660 Register to attend online: <http://parentingsa.eventbrite.com.au>
- **MARION CULTURAL CENTRE RECONCILIATION WEEK EVENT** – Meeting Kurna Puppet Show with Sue Harris. Wed 31st May, 10:30 am. Domain Theatre FREE event. Bookings recommended. ☎ 8375 6855 or boxoffice@marion.sa.gov.au or www.marionculturalcentre.com.au
- **CHILD & ADOLESCENT SLEEP CLINIC** – Does your child or teen have a Sleep problem? Clinic at Flinders Uni offers treatments ages infants of 6 months of age to adolescents. Book an appt. ☎ 8201 7587 or casc.enquiries@flinders.edu.au
- **GRASSHOPPER SOCCER** - Soccer program for girls and boys aged 2 – 12. Have fun, building confidence and learning new skills. Enrolments open online. More info visit our website, www.grasshoppersoccer.com.au OR contact Daniel ☎ 0433 422 347 or email daniel@grasshoppersoccer.com.au
- **MARION LIFE YOUTH** – Activities Life Skills. Free food. 887 Marion Rd, Mitchell Park. A safe and fun space for 12 – 17 year olds to hang out and learn life skills. ☎ 8277 0304 or visit info@marionlife.org.au
- **CAFÉ 25 YOUTH DROP IN** – Beginning Sat 6th May 1:00 to 3:00 pm. Free Wi Fi, snacks, drinks, play board games, read magazines or just chill out. Juice & coffee free. Each week a skilled visitor will drop in to chat, watch or listen. Visit marion.sa.gov.au/mpnc



Information for parents regarding **13 REASONS WHY**

Phone: Lifeline: 13 11 14 Online counselling: www.eheadspace.org.au

Kid's helpline: 1800 551 800 www.kidshelp.com.au

Beyond Blue: 1300 22 4636

School Banking Information Session.

Hallett Cove East Primary School is excited Commonwealth Bank School Banking students.

School Banking is a fun, interactive and for young Australians to learn about develop good savings habits. Children money into their Youthsaver account Banking earn Dollarmites tokens, which and redeem for exciting rewards.



to offer the program to all

engaging way money and who deposit through School they can save up

The rewards available during 2017 are:

- Cyber Handball
- Colour Change Markers
- 3D Chalk Set
- Tablet Case
- Smiley Emoji Keyring
- Volt Handball
- Pencil + Tech Case
- Epic Earphones

School Banking is also a great fundraiser for our school. Our school receives \$5 when a student makes their first ever School Banking deposit and 5% on every deposit made through the school (to a maximum of \$10 per individual deposit).

We will be holding a School Banking Information Session at our school:

Time: 8.30am – 9.30am

Date: Tuesday 30th May

Location: Staff Training and Development room in One and All building.

Please join us and find out more about the School Banking program and how your child can get involved.

If you are interested in opening a Commonwealth Bank Youthsaver account for your child you can visit **commbank.com.au/schoolbanking** and click on the link to open a Youthsaver account. A School Banking representative will be available at the Information Session to show you how you can do this. In order to verify yourself and your child, you will need your driver's licence and your child's birth certificate, but if you don't have these with you on the day, you can complete verification online at home.

Hot Food

♥	Corn on the Cob	1.50
♥	Handmade Pizza <i>Low fat base topped with choice of lean toppings: Ham or Chicken with cheese, pineapple</i>	4.00
♥	Handmade Butter Chicken & Rice <i>Chicken pieces in a mild curry sauce served with steamed rice</i>	5.50
♥	Handmade tomato & cheese pasta <i>Tomato sauce with 'hidden' veggies, pasta spirals topped with cheese</i>	4.50
	Hot Dog <i>Hot dog in a roll with or without sauce</i>	3.50
	Potato Wedges <i>Tub of potato wedges (sweet chilli dipping sauce 20c extra)</i>	4.50
♥	Chicken Yumbo <i>Soft roll with Chicken pattie, lettuce & mayo</i>	5.00
♥	Macaroni cheese or Lasagne	4.50
♥	Baked Potato topped with: <i>Baked Beans & Cheese; Bolognaise & Cheese; Chicken/Ham, Cheese</i>	5.00
	Aussie Burger <i>Beef or Veggie pattie in a roll with the lot: Lettuce, sliced tomato, beetroot, shredded carrot & tomato sauce</i>	5.50
♥	Fish Fingers & Veggie Sticks <i>3 oven baked fish fingers carrot and cucumber sticks and mayo</i>	4.00
Mrs Mac's Good Eating Reduced Fat & Salt Pastries - with or w/out sauce		
♥	Sausage Roll 120g	3.00
♥	Beef Pie, 120g	3.50
	Potato top pie 180g	5.00

Lunch time Specials

♥	Handmade tomato & cheese pasta deal <i>Homemade tomato pasta and Moosie</i>	5.00
♥	Hand Made Pizza Deal <i>Any Pizza & Moosie</i>	5.00
	Hot Dog Deal <i>Hot dog and warm Milo</i>	4.50
	Nachos with a beef salsa	3.00

Toasties, Sandwiches, Wraps & Rolls

♥	Sandwich or Toastie - Bread used is wholemeal	1 filling	3.50
♥	Roll - Rolls used are Damper	1 filling	4.00
Protein filling options: \$1.00 each		Salad filling options:	.50c ea
	Cheese Ham Carrot Cucumber Egg Chicken Tomato Lettuce		
Add \$1 for Mixed Salad Fill (4 salads): lettuce, carrot, tomato & cucumber			
♥	Wraps		5.50
	<i>Ham, Dijonnaise Mustard with shredded lettuce & grated carrot Chicken, with shredded lettuce & grated carrot Chicken Tender Bite with shredded lettuce, grated carrot Quesadilla Wedges Ham & Cheese or Cheese- crispy tortilla sandwich melted cheese +/-ham cut into wedges</i>		
♥	Sushi Roll		4.00
	<i>1 Tuna Sushi Roll with soy dipping sauce</i>		

Salads

♥	Salad Bag	2.50
	<i>Lettuce, cucumber, celery & carrot sticks</i>	
♥	Salad Box	5.50
	<i>Lettuce, chunks of tomato, cucumber, celery & carrot sticks with - Choose one of: Chicken/ Cheese & Egg / Ham / Tuna</i>	
♥	Garlic Roll	1.00

WINTER WARMERS RECESS SPECIALS

Monday		
♥	<i>Fresh baked muffin & warm Milo</i>	2.00
Tuesday		
♥	<i>Bean bomb & warm Milo</i> <i>Half roll filled with baked beans topped with cheese</i>	2.00
Wednesday		
♥	<i>English muffin pizza & warm Milo</i>	2.00
Thursday		
♥	<i>Tomato & Cheese pasta pot</i>	2.00
Friday		
♥	<i>Fresh baked muffin & warm Milo</i>	2.00

Dairy Snacks

Frozen Moosie Strawberry, blueberry or banana	1.50
Vanilla Ice Cream Cup	2.00
♥ Frozen Yoghurt Tub	2.00

Fruit Snacks

♥ Crazy Carrot Sticks, bag of	.60
♥ Tub of Frozen Grapes	1.50
♥ Tub of Peaches	2.00
♥ Frozen Pineapple Ring	.50
♥ Orange Smiles (frozen bag of orange wedges)	1.50

Other Snacks

♥ Cereal Munch, per scoop	.60
♥ Muffin (low fat) Banana, chocolate	1.00
Handmade ANZAC Cookie	1.00
Handmade air popped popcorn, packet	.50

Drinks

♥ Spring Water	1.50
♥ Juice 250ml 100% Juice apple, orange,	2.00
♥ Juice box 150ml Apple/orange	1.50

Flavoured Milk, 250ml 2.50
Fat reduced, chocolate or strawberry

Devondale Choc Milk 1.50

Warm Milo 1.50

Ice blocks

all 99% or 100% Juice
Frozen Juice Stick 1.00

Fruit Slushie 2.00

No GST is charged on any of the menu items.

HALLETT COVE EAST PRIMARY SCHOOL

2017 Winter Menu

The Canteen is open Monday to Friday 9.30am to 1.30pm

The Canteen Menu aims to provide healthy and nutritious food and drinks consistent with the DECD 'Right Bite' Healthy Food & Drink Supply Policy for Schools and Preschools'.

Right Bite uses a colour code **GREEN**, **AMBER** and **RED** to classify food and drink according to their nutritional value.

GREEN- end of the Right Bite Food Spectrum

Food and drinks that fall into, or close to this area of the spectrum are considered to be the most nutritious and healthiest choices.

AMBER - section of the Food Spectrum

Food and drink in this section of the spectrum are nutritious and so are still good choices, but tend to have some added sugar, salt and/or fat.

RED - end of the Food Spectrum

Food and drink that fall into this end of the spectrum are energy dense and nutrient poor and so school canteens no longer sell these items.

All items on the Menu fit into the **GREEN** and **AMBER** sections of the Right Bite Food Spectrum

♥ = healthiest choice

TO ORDER LUNCH FROM THE CANTEEN

1. Write your **Child's Name** and **Room Number** on a large paper lunch bag.
2. Using the Canteen Menu, **choose their lunch**.
3. **Write the items you wish to order onto the bag**.
4. Enclose the correct money if possible. For hygiene reasons please wrap the lunch money before placing it in the bag.
5. **Place the lunch order in the Class Lunch Crate at the start of the day**.
6. To request more lunch bags, write "**More Bags Please**" onto your lunch order bag. (**\$1.00 for 20**)