



Sun Protection Policy

Purpose

All department schools must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above. Sites must inform the school community including employees, students, parents and volunteers of the sun protection policy. Children and young people are encouraged to be responsible for their own sun protection.

Using sun protection

The school uses a combination of sun protection measures for all outdoor activities on and off-site between 1st August and 30th April including:

Clothing

Sun protective clothing is included in the school uniform/dress code and sports uniform. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts and the requirement for rash tops or t-shirts to be worn for outdoor swimming.

Sunscreen

Students must provide their own SPF 30 or higher broad-spectrum, water-resistant sunscreen. Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors.

Strategies are in place to remind students to apply sunscreen before going outdoors e.g. reminder notices or sunscreen buddies, and to reapply during events.

Families with children who have specific skincare needs or allergies are encouraged to discuss their sunscreen requirements with their GP or pediatrician.

Hats

All students are required to wear school hats that protect their face, neck and ears e.g. legionnaire, broad brimmed or bucket hats, whenever they are outside at any time between 1st August and 30th April. Baseball or peak caps are not acceptable.

Students who do not have hats

Students who do not have appropriate hats or clothing are asked to stay in the "No Hat, No Play" area behind the pavilion.

Shade

Care is taken when planning activities during the peak UV times, and outdoor activities are scheduled outside of these times or in the shade where possible. Sports days, competitions and other outdoor events to be held in the cooler months or earlier in the day where

practical. The availability of shade is considered when planning excursions and all other outdoor activities. The school has portable shade canopies that are used at sporting events when required.

Students are encouraged to use available areas of shade when outside. The school has two COLAs, trees and verandas that provide extensive shade areas for students and adults.

Staff WHS and Role modelling

As part of WHS UV risk controls and role-modelling, when the UV is 3 and above staff are to:

- wear sun protective hats, and clothing when outside,
- seek shade whenever possible, and
- apply a combination of sun protection measures for outdoor activities on and off site.

Families and visitors are encouraged to use a combination of sun protection measures (sun protective clothing and hats, sunglasses, sunscreen and shade) when participating in and attending outdoor school activities. e.g Sports Day.

Curriculum

Programs on skin cancer prevention are included in the curriculum for all year levels.

Sun Smart behaviour is regularly reinforced and promoted to the whole school community through newsletters, parent meetings, staff meetings, school assemblies, student and teacher activities and in student enrolment packs.

The information has been extracted from the [Cancer Council SA SunSmart policy](#)

This policy is reviewed every two years.